

SOURCE NATURALS®



DIETARY SUPPLEMENT

CALCIUM & MAGNESIUM

AMINO ACID CHELATE
WITH VITAMIN D-3

300 MG • 100 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Total Carbohydrate	1 g	<1%*
Vitamin D-3 (as cholecalciferol)	500 IU	125%
Calcium (as calcium amino acid chelate)	200 mg	20%
Magnesium (as magnesium amino acid complex)	100 mg	25%

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

Other ingredients: sorbitol, modified cellulose gum, stearic acid, and silica.

Contains soy.

Suggested Use: 1 tablet 1 to 3 times daily with meals.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

Calcium and magnesium work together in several key physiological processes. They are important in the regulation of blood pressure and are responsible for healthy muscle function. Calcium is needed for muscle contraction and magnesium for muscle relaxation. In addition, they are both components of skeletal tissue, and magnesium is necessary for calcium's absorption into the bones.*

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Contains no yeast, egg, gluten or wheat. Contains no artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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