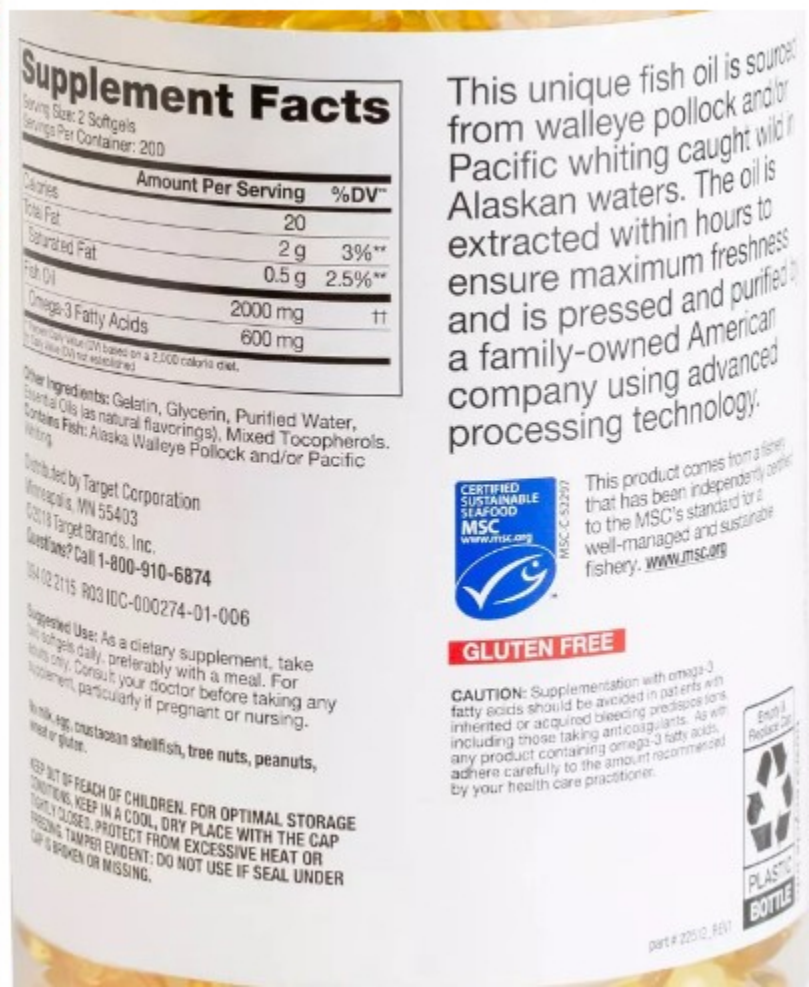

100% wild alaskan
fish oil
1000 mg
600 mg omega-3s per serving
MSC-certified sustainable
value size
CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org
MSC-C-53297
up&up
HEART HEALTH*
400 SOFTGELS
400 SOFTGELS DIETARY SUPPLEMENT
*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.


Supplement Facts
Serving Size: 2 Softgels
Servings Per Container: 200
Amount Per Serving %DV
Calories 20
Total Fat 2 g 3%**
Saturated Fat 0.5 g 2.5%**
Fish Oil 2000 mg ††
Omega-3 Fatty Acids 600 mg
** Percent Daily Values (DV) based on a 2,000 calorie diet.
†† DV's value (DV) not established.
Other Ingredients: Gelatin, Glycerin, Purified Water, Essential Oils (as natural flavorings), Mixed Tocopherols.
Contains Fish: Alaska Walleye Pollock and/or Pacific Whiting
Distributed by Target Corporation
Minneapolis, MN 55403
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Questions? Call 1-800-910-6874
384 02 2115 R03 IDC-000274-01-006
Suggested Use: As a dietary supplement, take two softgels daily, preferably with a meal. For adults only. Consult your doctor before taking any supplement, particularly if pregnant or nursing.
Avoid egg, crustacean shellfish, tree nuts, peanuts, wheat or gluten.
KEEP OUT OF REACH OF CHILDREN. FOR OPTIMAL STORAGE CONDITIONS, KEEP IN A COOL, DRY PLACE WITH THE CAP TIGHTLY CLOSED. PROTECT FROM EXCESSIVE HEAT OR FREEZING. TAMPER EVIDENT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.
This unique fish oil is sourced from walleye pollock and/or Pacific whiting caught in wild Alaskan waters. The oil is extracted within hours to ensure maximum freshness and is pressed and purified by a family-owned American company using advanced processing technology.
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This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org
GLUTEN FREE
CAUTION: Supplementation with omega-3 fatty acids should be avoided in patients with inherited or acquired bleeding predispositions, including those taking anticoagulants. As with any product containing omega-3 fatty acids, adhere carefully to the amount recommended by your health care practitioner.
Empty & Reduce Cap
PLASTIC BOTTLE
part # 225102_REV1