

# SimplyOne® Chewable

## Men

### **Triple Power Multivitamins**

ALL-DAY ENERGY • IMMUNE AND HEART HEALTH<sup>‡</sup>









A DIETARY SUPPLEMENT • 30 CHEWABLE TABLETS

#### Supplement Facts

Serving Size 1 Tablet			
Amount	Per Se	erving	% DV
Calories	0		
Total Carbohydrate	0	G	0 %
Sugars	0	G	0 %
Vitamin A (as palmitate)	5000	IU	100 %
Vitamin C (as sodium ascorbate, ascorbic acid)**	150	MG	250 %
Vitamin D (as vitamin D3)	3000	IU	750 %
Vitamin E (as d-alpha tocopheryl succinate			100 %
Vitamin K (as vitamin K1 phytonadion		MCG	100 %
Vitamin B1 (as thiamin mononitrate		MG	133 %
Vitamin B2 (as riboflavin)		MG	100 %
Niacin (as niacinamide)		MG	75 %
Vitamin B6 (as pyridoxine HCI)	2	MG	100 %
Folic Acid		MCG	100 %
Vitamin B12 (as methylcobalamin)		MCG	1250 %
Biotin (as d-biotin)	375	MCG	125 %
Pantothenic Acid (as d-calcium pantothenate)		MG	25 %
Calcium (as calcium carbonate)	50	MG	5 %

Amount Per	Serv	ring	% DV
Iron (as iron fumarate)	9	MG	50 %
lodine (from potassium iodide)	150	MCG	100 %
Magnesium (as magnesium oxide)	18	MG	5 %
Zinc (as zinc oxide)	2.5	MG	17 %
Selenium (as sodium selenite)	105	MCG	150 %
Manganese (as manganese sulfate)	1.5	MG	75 %
Chromium (as nicotinate glycinate chelate)	60	MCG	50 %
Choline (as choline bitartrate)	5	MG	*
Inositol	5	MG	*
Organic Ginger (Zingiber officinale) (root)	2.5	MG	*
Organic Turmeric (Curcuma longa) (root)	2.5	MG	*
100% Organic Whole Food & Herb Blend	400	MG	*
Blueberry (Vaccinium angustifoliun			
Ashwagandha (Withania somnifera)		4.5	

Tribulus (Tribulus terrestris) (fruit), Rhodiola (Rhodiola rosea) (root), Epimedium (Epimedium brevicornum) (aerial parts/leaf)

\*Daily Value (DV) Not Established

Other Ingredients: Xylitol, Stearic Acid (Vegetable Source), Natural Mixed Berry Flavor, Silica, Monk Fruit Extract, Medium Chain Triglycerides, Magnesium Stearate (Vegetable Source)

#### Directions: Chew 1 tablet daily with breakfast or dinner and before brushing your teeth.

\*\*Vitamin C as sodium ascorbate buffers vitamin C as ascorbic acid and, therefore, is gentler on the stomach and tooth enamel

# These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease,

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#### GLUTEN-FREE | NON-GMO SUGAR-FREE | VEGETARIAN

Contains no added: sugar, gluten, gelatin, nuts, wheat, yeast, pollen,

dairy, corn or soy residues, hidden additives or artificial colorings

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Store in

a cool. dry place

