

## SUGGESTED USE:

30 drops in water or juice,  
1-3 times daily, or as needed.

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**WARNING:** While taking St. John's Wort, avoid excessive exposure to sunlight or UV light and seek expert medical advice before taking it with pharmaceutical drugs. Do not use if pregnant or nursing. Keep away from children.

Shake well before using.

Manufactured for:  
Thymely Solutions  
104 N Court St.  
Fairfield IA, 52556  
(641) 472-9815



Thymely  
Solutions

# ST. JOHN'S WORT

HERBAL SUPPLEMENT

1 fl oz (30 ml)



PARVE  
K-1604

## Supplement Facts

Serving Size 30 Drops (1 ml)  
Servings Per Container 30

Amount Per Serving 500 mg  
Herb Weight Equivalence

Ethically Wild Harvested \*  
Fresh St. John's Wort  
Flowering Tops  
(Hypericum perforatum)

Herb Strength Ratio 1:2

\* Daily Value Not Established

OTHER INGREDIENTS: Grain  
Alcohol (63-73% by volume),  
Deionized Water

Rev. 160806