



Directions: Adult women take three (3) tablets daily, spaced evenly throughout the day.

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Servings Per Container 84		
Amount Per Tablet		%DV
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Soy Isoflavones (Glycine max, seed)	14 mg	†
Black Cohosh Extract (Cimicifuga racemosa, root)	50 mg	t
Chasteberry Powder (Vitex agnus-castus., fruit)	50 mg	†
Licorice Extract (Glycyrrhiza glabra, root)	30 mg	t
Dong Quai Extract (Angelica sinensis, root)	15 ma	+

† Daily Value (DV) not established.

Other Ingredients: Dextrose, Ascorbyl Palmitate, Sodium Carboxymethylcellulose, Silicon Dioxide, Dextrin, Soy Lecithin, Sodium Citrate.

Contains: Soy

Manufactured By: USANA Health Sciences, Inc., 3838 West Parkway Blvd. Salt Lake City, Utah 84120 USA

Laboratory tested, quality guaranteed. Meets USP specification for uniformity, potency, and disintegration, where applicable. Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking a

prescription drug, or have a medical condition.

There is a safety seal under the cap. Do not use if the seal is broken or missing. Store below 25° C

