

# EGG WHITE

**PROTEIN ISOLATE** 













## **HOW WE MAKE IT:**



We extract egg whites from eggs, then use a new technology to filter out substances that taste bad.

We then spray the egg whites to create an eggy



## STEP 03

Next we add an extract from sunflower seeds called lecithin. This makes the powder mix with water properly.



## STEP 04

We then blend the powder with cocoa, organic cane sugar, a natural chocolate flavoring and a little salt to get the taste right.



Lastly we add a gum extract from the guar bean to thicken the final shake, giving it that real chocolate milk-like consistency. Yum!

# A COMPLETE PROTEIN:



Essential amino

# **HOW TO USE IT:**







TAKE ONE LEVEL SCOOP

ADD TO 80Z WATER (1 CUP) SHAKE WELL AND DRINK\*

\*Feel free to mix this with any beverage you dare, but this stuff tastes awesom with just water!

SUGGESTED USE: Ideally consume within 1h of physical activity.

# **SUPPLEMENT FACTS**

SERVING SIZE: 37g or approx 1 scoop

SERVINGS PER CONTAINER:

	AMOUNT PER SERVING:	% DAILY VALUE:
Calories	130	
Total Fat	0.5g	1%
Total Carbohydrate	14 g	5%
Dietary Fiber	1 g	4%
Total Sugars	11 g	*1
Added Sugars	11 g	22%
Protein	20 g	
Iron	1 mg	6%
Sodium	220 mg	10%
Potassium	121 mg	3%

\*Percent Daily Values are based on a 2,000 calorie diet. \*\*Daily Value not established.

INGREDIENTS: Egg white protein isolate, organic cane sugar, natural chocolate flavor, cocoa, guar gum, sea salt, sunflower lecithin. CONTAINS: Eggs

## **ALIGNING SPORTS NUTRITION WITH ATHLETIC AMBITION**



