

ABOUT BLONYX HMB+ CREATINE:

HMB AND CREATINE ARE THE MOST RESEARCHED SUPPLEMENT INGREDIENTS PROVEN TO IMPROVE ATHLETIC PERFORMANCE.* RESEARCH SHOWS THAT:



HMB and Creatine enhance strength and muscle mass when combined with strength training.*



HMB enhances muscle recovery after strenuous exercise.*



HMB and Creatine are naturally occurring substances needed by the body for muscle function and repair.* We get **HMB and Creatine** from eating foods such as grapefruit and meat.



At **Blonyx** we believe that supplements should only contain simple, proven ingredients without unnecessary sugars, sweeteners or other additives.



HMB+ CREATINE

DIRECTIONS: TO BENEFIT FROM TAKING CaHMB AND CREATINE MONOHYDRATE YOU REQUIRE **3g** AND **5g** RESPECTIVELY PER DAY. TO ACHIEVE THIS TAKE **ONE LEVEL SCOOP (4g) TWICE A DAY** IDEALLY WITH FOOD. DO NOT EXCEED THE RECOMMENDED SERVING. THIS TUB CONTAINS A **30 DAY SUPPLY**.

SUPPLEMENT FACTS

SERVING SIZE: 1 level scoop (4g)

SERVINGS PER CONTAINER: 60

AMOUNT PER SERVING: %DAILY VALUE:

Calcium	195 mg	15%
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Creatine Monohydrate	2.5 g	↑
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Calcium HMB (beta-hydroxy beta-methylbutyrate)	1.5 g	↑
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↑ Daily value not established

KEEP OUT OF REACH OF CHILDREN. THIS PRODUCT IS NOT INTENDED FOR CHILDREN, PREGNANT OR BREASTFEEDING WOMEN. PEOPLE WITH KNOWN MEDICAL PROBLEMS SHOULD CONSULT THEIR PHYSICIANS PRIOR TO USING THIS PRODUCT, AS THEY SHOULD WITH ALL DIETARY SUPPLEMENTS.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



NPN#80039957

Find out more at www.blonyx.com

Dietary Supplement

Net Wt 8.5 oz/ 240 g

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