



ACTUAL
SIZE

super **B** complex with vitamin C

helps support energy metabolism,
nerve and immune system health*



100 TABLETS **DIETARY SUPPLEMENT**

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



super **B** complex

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Vitamin C 60 mg	100%
Thiamin 25 mg	1,667%
Riboflavin 20 mg	1,176%
Niacin 25 mg	125%
Vitamin B6 5 mg	250%
Folic Acid 400 mcg	100%
Vitamin B12 100 mcg	1,667%
Biotin 1000 mcg	333%
Pantothenic Acid 5.5 mg	55%
Sodium 10 mg	<1%

Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Sodium Ascorbate, Thiamine Mononitrate, Niacinamide, Riboflavin, Croscarmellose Sodium, Stearic Acid, Calcium Pantothenate, Pyridoxine Hydrochloride, Calcium Silicate, Hypromellose, Magnesium Stearate, Biotin, Polyethylene Glycol, Folic Acid, Cyanocobalamin.

ENERGY METABOLISM*

Vitamin B complex supports well-being. B-Vitamins play a role in energy metabolism in the body and support nerve function.* Vitamin C is a potent antioxidant that also serves to support a healthy immune system.*

Suggested Use: Adults, take one tablet daily with the meal of your choice.

Caution: If you are pregnant or nursing a baby, taking any medication, or have a medical condition, consult a doctor before taking this product.

KEEP OUT OF REACH OF CHILDREN.

Store in a dry place at room temperature (59°F-86°F).

Note: Natural color variation may occur

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Questions? Call 1-888-547-7400

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**GLUTEN
FREE**

**CODE
AREA**

• no varnish • no color

: 7R578 UW F1