

prenatal DHA/EPA supplement



30 SOFTGELS DIETARY SUPPLEMENT



Directions: Adults: One softgel daily, with food.

Supplement Facts

Serving Size: One softgel

	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Cholesterol	10 mg	*
Omega-3 Fatty Acids (from fish oil)	223 mg	*
DHA (docosahexaenoic acid)	200 mg	
EPA (eicosapentaenoic acid)	23 mg	

*Daily Value not established.

Ingredients: Fish Oil, Gelatin, Glycerin, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Alginate, Natural Mixed Tocopherols, Stearic Acid. **CONTAINS: SARDINES, ANCHOVIES, SOY**

CAUTION: If you are pregnant, inform your doctor, or if nursing, your child's doctor, that you are taking this product. Ask your doctor before use if you are taking any medication, planning any medical procedure, have a medical condition or have bleeding problems.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature. Avoid excessive heat.

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

Questions? Call 1-888-547-7400

GLUTEN FREE

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• no varnish • no color

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