

**CAUTION:** If you are pregnant, inform your doctor, or if nursing, your child's doctor, that you are taking this product. Ask your doctor before use if you are taking any medication, planning any medical procedure, have a medical condition or have bleeding problems.

**KEEP OUT OF REACH OF CHILDREN.**

Child resistant cap  
Store in a dry place at room temperature (59°-86°F).

**Questions? Call 1-888-547-7400**

\*\*\*This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark One A Day®.

**GLUTEN FREE**

**100% satisfaction guaranteed or your money back.**

We welcome any questions you may have at Target.com/comments or 1-800-910-6874



Each year we give 5% of our profit to communities, which adds up to more than \$4 Million a week. See all the good we do together at Target.com/Community.

094 02 0511 R01 ID285413  
Dist. by Target Corp., Mpls., MN 55403  
**DHA/EPA Softgel Made in Canada**  
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Directions: Adults: One tablet and one softgel daily, with food.

**Supplement Facts**

Serving Size: One tablet

Amount Per Serving			% Daily Value for Pregnant and Lactating Women			Amount Per Serving			% Daily Value for Pregnant and Lactating Women		
Vitamin A (50% as beta-carotene)	4000 IU	50%	Vitamin B6	2.5 mg	100%	Iron	28 mg	156%	Iodine	150 mcg	100%
Vitamin C	60 mg	100%	Folic Acid	800 mcg	100%	Magnesium	50 mg	11%	Zinc	15 mg	100%
Vitamin D	400 IU	100%	Vitamin B12	8 mcg	100%	Copper	2 mg	100%			
Vitamin E	30 IU	100%	Biotin	300 mcg	100%						
Thiamin	1.7 mg	100%	Pantothenic Acid	10 mg	100%						
Riboflavin	2 mg	100%	Calcium (elemental)	300 mg	23%						

**Ingredients:** Calcium Carbonate, Dicalcium Phosphate, Microcrystalline Cellulose, Ferrous Fumarate, Magnesium Oxide, Ascorbic Acid, Croscarmellose Sodium, dl-Alpha Tocopherol Acetate, Gelatin, Stearic Acid, Polyvinyl Alcohol, Nicotinamide, Zinc Oxide, Calcium Pantothenate, Titanium Dioxide Color, Magnesium Stearate, Polyethylene Glycol, Rice, Silicon Dioxide, Capric Sulfate, Pyridoxine Hydrochloride, Calcium Silicate, Thiamine Mononitrate, Riboflavin, Beta-Carotene, Folic Acid, FD&C Red 40 Aluminum Lake, Vitamin A Acetate, Biotin, Potassium Iodide, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

**Supplement Facts**

Serving Size: One softgel

	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Cholesterol	10 mg	-
Omega-3 Fatty Acids (from fish oil)	223 mg	-
DHA (docosahexaenoic acid)	209 mg	-
EPA (eicosapentaenoic acid)	23 mg	-

\*Daily Value not established.

**Ingredients:** Fish Oil, Gelatin, Glycerin, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Alginate, Natural Mixed Tocopherols, Stearic Acid. **CONTAINS: SARDINES, ANCHOVIES, SOY**

See side panel for additional warnings



**Complete prenatal multi and DHA:**

- Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect
- Iron helps deliver oxygen to the fetus\*\*
- DHA helps support healthy fetal brain and eye development during pregnancy\*\*

\*\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Compare to One A Day® Women's Prenatal\*\*\*

**pregnancy prenatal multivitamin + DHA supplement combo pack**

complete prenatal multivitamin DHA to help support healthy fetal brain and eye development\*\*

for use before, during and after pregnancy



**30 TABLETS / 30 SOFTGELS DIETARY SUPPLEMENT**

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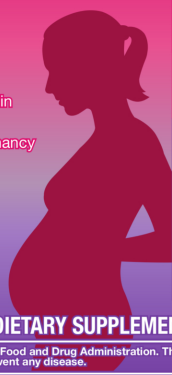
ACTUAL SIZE

**30 TABLETS**



ACTUAL SIZE

**30 SOFTGELS**



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**CODE AREA**

**DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING**  
A Complete Multivitamin with Nutrients that Matter to Mom and Baby  
Supplies important nutrients a woman's body needs before, during and after pregnancy.\*\*  
This product includes a complete multivitamin tablet with key nutrients such as folic acid and iron.  
This product also includes a DHA/EPA softgel.  
DHA helps support healthy fetal brain and eye development during pregnancy.\*\*  
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\*\*This product is not intended to diagnose, treat, cure, or prevent any disease.



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