

CAUTION: If you are pregnant, inform your doctor, or if nursing, your child's doctor, that you are taking this product. Ask your doctor before use if you are taking any medication, planning any medical procedure, have a medical condition or have bleeding problems.

KEEP OUT OF REACH OF CHILDREN.

Child resistant cap
Store in a dry place at room temperature (59°-86°F).

Questions? Call 1-888-547-7400

***This product is not manufactured or distributed by Bayer HealthCare LLC, owner of the registered trademark One A Day®.

GLUTEN FREE

100% satisfaction guaranteed or your money back.

We welcome any questions you may have at Target.com/comments or 1-800-910-6874



Each year we give 5% of our profit to communities, which adds up to more than \$4 Million a week. See all the good we do together at Target.com/Community.

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Dist. by Target Corp., Mpls., MN 55403
DHA/EPA Softgel Made in Canada
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Directions: Adults: One tablet and one softgel daily, with food.

Supplement Facts

Serving Size: One tablet

Amount Per Serving	% Daily Value for Pregnant and Lactating Women	Amount Per Serving	% Daily Value for Pregnant and Lactating Women	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A 4000 IU (50% as beta-carotene)	50%	Niacin 20 mg	100%	Iron 28 mg	156%
Vitamin B6 2.5 mg	100%	Vitamin B6 2.5 mg	100%	Iodine 150 mcg	100%
Vitamin C 60 mg	100%	Folic Acid 800 mcg	100%	Magnesium 50 mg	11%
Vitamin D 400 IU	100%	Vitamin B12 8 mcg	100%	Zinc 15 mg	100%
Vitamin E 30 IU	100%	Biotin 300 mcg	100%	Copper 2 mg	100%
Thiamin 1.7 mg	100%	Pantothenic Acid 10 mg	100%		
Riboflavin 2 mg	100%	Calcium (elemental) 300 mg	23%		

Ingredients: Calcium Carbonate, Dicalcium Phosphate, Microcrystalline Cellulose, Ferrous Fumarate, Magnesium Oxide, Ascorbic Acid, Croscarmellose Sodium, dl-Alpha Tocopheryl Acetate, Gelatin, Stearic Acid, Polyvinyl Alcohol, Nicotinic Acid, Zinc Oxide, Calcium Pantothenate, Titanium Dioxide Color, Magnesium Stearate, Polyethylene Glycol, Talc, Silicon Dioxide, Capric Sulfate, Pyridoxine Hydrochloride, Calcium Silicate, Thiamine Mononitrate, Riboflavin, Beta-Carotene, Folic Acid, FD&C Red #40 Aluminum Lake, Vitamin A Acetate, Biotin, Potassium Iodide, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Supplement Facts

Serving Size: One softgel

Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Cholesterol 10 mg	*
Omega-3 Fatty Acids (from fish oil) 223 mg	*
DHA (docosahexaenoic acid) 200 mg	*
EPA (eicosapentaenoic acid) 23 mg	*

*Daily Value not established.

Ingredients: Fish Oil, Gelatin, Glycerin, Ethylcellulose, Ammonium Hydroxide, Medium Chain Triglycerides, Oleic Acid, Sodium Alginate, Natural Mixed Tocopherols, Stearic Acid. **CONTAINS: SARDINES, ANCHOVIES, SOY**

See side panel for additional warnings



Complete prenatal multi and DHA:

- Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect
- Iron helps deliver oxygen to the fetus**
- DHA helps support healthy fetal brain and eye development during pregnancy**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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CODE AREA

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING
A Complete Multivitamin with Nutrients that Matter to Mom and Baby
Supplies important nutrients a woman's body needs before, during and after pregnancy.**
This product includes a complete multivitamin tablet with key nutrients such as folic acid and iron.
DHA helps support healthy fetal brain and eye development during pregnancy.**
This product also includes a DHA/EPA softgel.
DHA helps support healthy fetal brain and eye development during pregnancy.**
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Compare to One A Day® Women's Prenatal***

pregnancy prenatal multivitamin + DHA supplement combo pack

complete prenatal multivitamin DHA to help support healthy fetal brain and eye development**
for use before, during and after pregnancy



30 TABLETS / 30 SOFTGELS DIETARY SUPPLEMENT

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ACTUAL SIZE

30
TABLETS



ACTUAL SIZE

30
SOFTGELS



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