

SOURCE NATURALS®

**BIO
ALIGN®**

DIETARY SUPPLEMENT

**ÉLAN VITAL™
MULTIPLE**

90 TABLETS

Supplement Facts

Serving Size 5 Tablets
Servings Per Container 18

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrate	1 g	<1%*
Vitamin A (as <i>beta</i> -carotene 20,850 IU & palmitate 8,338 IU)	29,188 IU	584%
Vitamin C (as ascorbic acid, ascorbyl palmitate, and manganese & zinc ascorbates)	1,880 mg	3,133%
Vitamin D-3 (as cholecalciferol)	335 IU	84%
Vitamin E (as succinate)	500 IU	1,667%
Thiamin (vitamin B-1)	83 mg	5,533%
Riboflavin (vitamin B-2)	83 mg	4,882%
Niacin Niacinamide & Inositol Hexanicotinate	167 mg	835%
Vitamin B-6 (as pyridoxine HCl)	83 mg	415%
Folate (as folic acid)	700 mcg	176%
Vitamin B-12 (as cyanocobalamin)	167 mcg	2,783%
Biotin	448 mcg	149%
Pantothenic Acid (as calcium D-pantothenate)	83 mg	830%
Calcium (as calcium succinate, carbonate & malate)	167 mg	17%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium chelate, oxide & succinate)	250 mg	63%
Zinc (as zinc monomethionine [OptiZinc®] & ascorbate)	25 mg	167%
Selenium (as L-selenomethionine & sodium selenite)	210 mcg	300%
Copper (as copper sebacate)	838 mcg	42%
Manganese (as manganese ascorbate)	9 mg	450%
Chromium (as chromium polynicotinate [ChromeMate®] & picolinate)	250 mcg	208%
Molybdenum (as molybdenum chelate)	250 mcg	333%
Sodium	10 mg	<1%*
Potassium (as potassium citrate)	82 mg	2%

N-Acetyl Cysteine	500 mg	†
Ascorbyl Palmitate	400 mg	†
Quercetin	250 mg	†
Silymarin (from milk thistle seed extract)	187 mg	†
NAG (N-acetyl glucosamine)	166 mg	†
Choline (as bitartrate)	83 mg	†
Inositol (as hexanicotinate & inositol)	83 mg	†
Grape Seed Extract (Proanthodyn™)	83 mg	†
DMAE (as bitartrate)	83 mg	†
N-Acetyl L-Tyrosine	66 mg	†
Coenzyme Q10	33 mg	†
alpha-Lipoic Acid	33 mg	†
Ginkgo Leaf Ext. (24% flavone glycosides & 6% terpene lactones)	33 mg	†
Bilberry Fruit Extract (32% anthocyanosides)	16 mg	†
Boron (as boron chelate)	1.5 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: sorbitol, stearic acid, silica, modified cellulose gum, and magnesium stearate.

Contains shellfish (shrimp, crab and lobster) and soy.

Suggested Use: 3 to 5 tablets daily with meals.

WARNING: Do not use if you are taking any form of prescription nitrate such as nitroglycerin. If you are pregnant, may become pregnant, breastfeeding, or regularly taking any drug such as acetaminophen, warfarin (Coumadin®), or heparin, consult your physician before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

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Manufactured for:
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