SOURCE NATURALS®



Supplement Facts

Serving Size 5 Tablets Servings Per Container 12

(ChromeMate@1 & picolinate)

Amount Per Serving Calories Total Carbohydrate <1%* 584% Vitamin A (as beta-carotene 20.850 IU & palmitate 8.338 IU) 29.188 IU Vitamin C (as ascorbic acid, ascorbyl palmitate, 1,880 mg 3,133% and manganese & zinc ascorbates) Vitamin D-3 (as cholecalciferol) 335 IU Vitamin E (as succinate) 500 IU 1,667% 83 mg 5.533% Thiamin (vitamin B-1) Riboflavin (vitamin B-2) 83 mg 4,882% 167 mg 835% Niacin Niacinamide & Inositol Hexanicotinate Vitamin B-6 (as pyridoxine HCI) 83 mg 415% Folate (as folic acid) 700 mca 176% Vitamin B-12 (as cyanocobalamin) 167 mcg 2,783% 448 mcg 149% Pantothenic Acid (as calcium p-pantothenate) 83 mg 830 Calcium (as calcium succinate, carbonate & malate) 167 ma lodine (as potassium iodide) 150 mca 100% Magnesium (as magnesium chelate, oxide & succinate) 250 mg Zinc (as zinc monomethionine [OptiZinc®] & ascorbate) 25 ma 1679 Selenium (as L-selenomethionine & sodium selenite) 210 mcg 300 838 mca Copper (as copper sebacate) 450% Manganese (as manganese ascorbate) Chromium (as chromium polynicotinate

Molybdenum (as molybdenum chelate)			250 mcg	333%
Sodium			10 mg	<1%*
Potassium (as potassium citrate)			82 mg	2%
N-Acetyl Cysteine	500 mg†	DMAE		83 mg†
Ascorbyl Palmitate	400 mg†	(as bitartr		
Quercetin	250 ma†	N-Acetyl L-1	vrosine	66 mat

Silvmarin

(from milk thistle seed extract)

†Daily Value not established

Ginkgo Leaf Extract 33 mat (N-acetyl glucosamine) (24% flavone glycosides Choline (as hitartrate) & 6% terpene lactones) Inositol 83 mat Bilberry Fruit Extract 16 mat (as hexanicotinate & inositol) (32% anthocyanosides) Grape Seed Extract 1.5 mat (Proanthodyn™) (as boron chelate)

Coenzyme Q10

alpha-Lippic Acid

*Percent Daily Values (%DV) are based on a 2,000 calorie diet. Other ingredients; sorbitol, stearic acid, silica, modified cellulose gum. and magnesium stearate.

Contains shellfish (shrimp, crab and lobster) and soy.

Suggested Use: 3 to 5 tablets daily with meals.

WARNING: Do not use if you are taking any form of prescription nitrate such as nitroglycerin. If you are pregnant, may become pregnant, breastfeeding, or regularly taking any drug such as acetaminophen, warfarin (Cournadin®), or heparin, consult your physician before using this product. Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children

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