

ACTUAL

SIZE

burp less* fish oil

1200 mg per softgel

helps support heart, skin and joint health**
*enteric coated to help control fish burps
purified to remove mercury[‡]





HEALTH**

150 SOFTGELS

150 SOFTGELS **DIETARY SUPPLEMENT**

**These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 2 Softgels Servings Per Container 75

Ame	ount Per Serving	% Daily Value
Ca	lories 25	
	Calories from Fat 20	
Tot	al Fat 2.5 g	4%*
	Saturated Fat 0.5 g	3%*
1	Polyunsaturated Fat 1 g	†
i	Monounsaturated Fat 0.5 g	†
Ch	olesterol 15 mg	5%
Fis	h Oil 2.4 g (2400 mg)	†
_	Omega-3 Fatty Acids 720 mg (EPA and DHA)	

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

INGREDIENTS: Fish Oil, Gelatin, Glycerin, Ethylcellulose, Ammonium Hydroxide, Sodium Alginate, Middle Chain Triglycerides, Propylene Glycol, Oleic Acid, Natural Mixed Tocopherols, Natural & Artificial Flavor, Stearic Acid. CONTAINS: SARDINES, ANCHOVIES, SOY, COCONUT No veast, wheat, oluten, milk or milk derivatives. Jactose.

sugar, artificial color.

Questions? Call 1-888-547-7400

HEART HEALTH**

Omega-3 fatty acids from Fish Oil are considered the "good" fats important for cellular, heat and vascular health." Fish Oil is a natural source of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), essential fatty acids which may help maintain triglycerdie devies already within the normal range." Omega-3 fatty acids are necessary for many vital functions in the body and support heart, skin and loint health."

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. [See nutrition information for total fat, saturated fat, and cholesterol content.]

¹This fish oil product is manufactured using state-of-the-art purification methods to remove contaminants, such as mercury.

to guarantee its purity and potency. Mercury is undetectable at the detection limit: 0.005 parts per million. Suggested Use: As a dietary supplement for adults, take two softgels daily with the meal of your choice.

CAUTION: If you are pregnant or nursing a baby or if you are taking medication, planning any medical procedure, have a medical condition or have bleeding problems, consult your

doctor before taking this product. KEEP OUT OF REACH OF CHILDREN.

treat, cure, or prevent any disease.

Store in a dry place at room temperature (59°F-86°F).

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GLUTEN FREE

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