



BLMD-440060

SIZE

PURE FISH OIL

60 SOFTGELS

120 SOFTGELS

1-800-595-0538

Description

Pure Fish Oil is high-concentration fish oil from the world's least industrialized coastline, the Chilean coast. These cold and fresh waters provide the cleanest, most viable source of fish. Fish oil is an exceptionally rich source of omega-3 fatty acids, which are considered essential for optimal health. The body cannot produce omega-3s on its own, so it must be consumed through diet or supplementation. EPA and DHA from fish oil are the safest and most efficient natural ingredients available. Pure Fish Oil contains 820 mg of EPA and DHA in each capsule to support better brain function, enhance cardiovascular health and promote healthy joints, skin, and tissues.

BENEFITS

- Improves Cognitive Function
- Enhances Skin, Joints, and Connective Tissues
- Increases Visual and Ocular Health
- Promotes Cardiovascular Health
- Strengthens Immune Function

Supplement Facts^{v3}

Serving Size 1 Soft Gel Capsule

Servings Per Container 60, 120 & 180

1 soft gel capsule contains	Amount Per Serving	% Daily Value
Calories	15	
Calories from fat	15	
Total fat	1.5g	2%*
Cholesterol	<5 mg	<2%
Total Omega-3s (as Triglycerides)	950 mg	**
EPA (Eicosapentaenoic Acid)	430 mg	**
DHA (Docosahexaenoic Acid)	390 mg	**
Omega-3s (additional)	130 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established