

BLMD-919060

PURE CALM

SIZE

1-800-595-0538

60 CAPSULES

## Description

The mixture of adaptogenic botanicals and nutrients in this product are specially formulated to combat the negative effects of stress and encourage healthy energy levels. Cortisol and DHEA, released by the adrenals, are part of the body's "resistance" reaction. Under long periods of stress, an imbalance in cortisol to DHEA ratio can cause fatigue, irritability, and nervous tension. Pure Calm can help support the stress response during the initial alarm phase, fight against "adrenal fatigue" and help balance healthy cortisol levels.

## BENEFITS

- · Enhances Energy Levels
- · Improves Body's Response to Stress
- · Supports Healthy Cortisol Levels
- · Strengthens Mental and Physical Performance

## Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

\* Daily Value not established

2 capsules contain	Amount Per Serving	% Daily Value
Ashwagandha Root Extract (Standardized to contain 1.5% W	250 mg /ithanolides)	*
Skullcap Root Extract (Standardized to contain 30% Fla	250 mg avones as S. ba	* nicalensis)
Eleuthero Root Extract (Standardized to contain 0.8% E	200 mg leutherosides)	*
Rhodiola rosea Root Extract (Standardized to contain 3% Ros	200 mg savins)	*
L-Theanine	100 mg	*
Phosphatidylserine (from <b>Soy</b> Lecithin)	100 mg	*