

Sleep is the most productive time for the body to repair and rejuvenate, so getting quality sleep is essential.[†] Lights Out[®] contains natural ingredients that promote healthy sleep cycles and help you get the restorative sleep you need, while waking up feeling refreshed and revitalized.[†]

Warnings: Consult your physician prior to use if you are pregnant, nursing, have a medical condition or are taking medications.

Ribus, Inc is the owner of the Trademark Nu-Rice[®]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store at room temperature, in a dry place. **Keep out of the reach of children.**
Do not use if clear safety seal around bottle neck is broken or missing.



LOT# / BEST BY:

Lights Out[®]

Natural Sleep Formula

- Promotes deep, restorative sleep[†]
- Wake up feeling refreshed[†]
- Powerful antioxidant[†]

60
CAPSULES
DIETARY SUPPLEMENT



Directions: Adults, take 1 capsule daily with water, 30 minutes before bed time as a dietary supplement or as directed by your doctor.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	% DV
Vitamin B6 (from Pyridoxal-5-Phosphate) 5 mg	250%
Melatonin 3 mg	*

Proprietary Blend 400 mg	*
Passion Flower (<i>Passiflora incarnata</i>) (herb/aerial parts), Hops Extract (<i>Humulus lupulus</i>) (herb), Chamomile Flower (<i>Matricaria chamomilla</i>), L-Theanine, Skullcap (<i>Scutellaria lateriflora</i>) (herb), 5-HTP (5-hydroxytryptophan), Valerian Extract (<i>Valeriana officinalis</i>) (root), Lemon Balm Extract (<i>Melissa officinalis</i>) (herb)	

*Daily Value (DV) not established.

Other Ingredients: Hydroxypropyl Methylcellulose, Maltodextrin, Nu-Rice[®] (organic rice bran extract), Silica.

Distributed by: BIN Science LLC
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United States of America

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