



SPRING VALLEY™

Lecithin
1200 mg
DIETARY SUPPLEMENT

NERVOUS SYSTEM HEALTH*

Lecithin helps support nerve health and brain function and helps maintain cardiovascular and liver health.*

250 SOFTGELS

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Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories 15	
Calories from Fat 10	
Total Fat 1 g	2%*
Lecithin 1200 mg (1.2 g)	***

*Percent Daily Values are based on a 2,000 calorie diet.
*** Daily Value not established.

INGREDIENTS: Lecithin, Gelatin, Purified Water USP, Glycerin. CONTAINS SOY.

DISTRIBUTED BY:
Wal-Mart Stores, Inc.,
Bentonville, AR 72716
PRODUCT OF CHINA

SUGGESTED USE: Adults, take one softgel daily, preferably with a meal.

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NO Gluten, Artificial Colors or Flavors, Sugar, Lactose, Trans Fat

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their doctor before using this product. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. Store at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed. **FOR YOUR PROTECTION, DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.**

QUALITY GUARANTEED

Spring Valley™ products are produced under strict quality guidelines. If you are unhappy with this product, we'll replace it or refund your money. For questions or comments call 1-866-251-1662. Walmart.com/springvalley