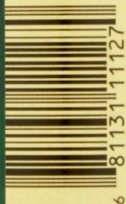


...if pregnant,  
...pregnant or nursing a  
...prior to use if you  
...or develop symptoms  
...abdominal pain, dark  
...consult a doctor before  
...medical condition,  
...to a hormone-  
...or are taking any  
...supplements.  
...discomfort, but it should not  
...use and see your  
...or if any other  
...intended for persons  
...OF CHILDREN.  
...at room temperature  
...Keep bottle tightly

FOR YOUR PROTECTION, DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

164152



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

SPRING VALLEY™

# Black Cohosh

40 mg PER SERVING  
DIETARY SUPPLEMENT

## ♀ MENOPAUSE SUPPORT\*

Black Cohosh may help with the symptoms of menopause, including night sweats and hot flashes.\*

100 TABLETS

\*This product is not intended to diagnose, treat, cure, or prevent any disease.

SPRING VALLEY™

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 50

Amount Per Serving	% Daily Value
--------------------	---------------

Black Cohosh ( <i>Actaea racemosa</i> ) (rhizome & root) extract 40 mg	†
------------------------------------------------------------------------	---

†Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium Phosphate, Microcrystalline Cellulose, Maltodextrin, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Dextrin, Calcium Silicate, Dextrose, Lecithin, Sodium Carboxymethylcellulose, Sodium Citrate. **CONTAINS SOY.**

**DISTRIBUTED BY:**  
Wal-Mart Stores, Inc.,  
Bentonville, AR 72716

**SUGGESTED USE:** Adults, take two tablets daily, preferably with a meal.

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 50

Amount Per Serving	% Daily Value
--------------------	---------------

Black Cohosh ( <i>Actaea racemosa</i> ) (rhizome & root) extract 40 mg	†
------------------------------------------------------------------------	---

†Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium Phosphate, Microcrystalline Cellulose, Maltodextrin, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Dextrin, Calcium Silicate, Dextrose, Lecithin, Sodium Carboxymethylcellulose, Sodium Citrate. **CONTAINS SOY.**

**DISTRIBUTED BY:**  
Wal-Mart Stores, Inc.,  
Bentonville, AR 72716

**SUGGESTED USE:** Adults, take two tablets daily, preferably with a meal.

**WARNING:** Do not use if pregnant, considering becoming pregnant or nursing a baby. Consult your doctor prior to use if you have a liver disorder or develop symptoms of liver trouble such as abdominal pain, dark urine, or jaundice. Consult a doctor before use if you have any medical condition, including but not limited to a hormone-sensitive condition, or are taking any medication or other dietary supplements. Some consumers may experience gastrointestinal discomfort, but it should not be persistent. Discontinue use and see your doctor if discomfort persists or if any other side effects occur. Not intended for persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a dry place at room temperature 59°- 86°F (15°- 30°C). Keep bottle tightly closed.

### • QUALITY GUARANTEED •

For questions or comments call 1-866-251-1662.  
Walmart.com/springvalley