

**SPRING VALLEY**

ADULT GUMMY

# Prenatal

Multivitamin  
with DHA & Folic Acid



Natural Fruit Flavors  
with other natural flavors

**♀ PRENATAL HEALTH**

✓ For Use Before, During & After Pregnancy

DIETARY SUPPLEMENT

90 GUMMIES

## Supplement Facts

Serving Size: 2 gummies / Servings per Container: 45

Amount Per Serving	% Daily Value for Pregnant or Lactating Women
Calories	20
Total Carbohydrate	4 g **
Sugars	3 g **
Vitamin A (as Retinyl Acetate)	4000 IU 50%
Vitamin C (as Ascorbic Acid)	30 mg 50%
Vitamin D (as Cholecalciferol)	400 IU 100%
Vitamin E (as DL-Alpha-Tocopheryl Acetate)	15 IU 50%
Niacin (as Inositol Nicotinate)	20 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2.5 mg 100%
Folic Acid	800 mcg 100%

**OTHER INGREDIENTS:** Glucose Syrup, Sucrose, Gelatin, Citric Acid, Lactic Acid, Natural Flavors, Colors Added (Black Carrot Juice Concentrate, Annatto, Turmeric), Fractionated Coconut Oil (Containing one or more of the following: Carnauba Wax, Beeswax).

**NO** Gluten, Yeast, Wheat, Milk, Egg, Artificial Colors or Flavors, Added Preservatives

Formulated to supply nutrients that support overall wellness before, during, and after pregnancy.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Amount Per Serving	% Daily Value for Pregnant or Lactating Women
Vitamin B12 (as Cyanocobalamin)	20 mcg 100%
Zinc (as Zinc Sulfate)	4 mg 25%
Choline (as Choline Bitartrate)	10 mg **
Fish Oil (Tuna)	227 mg **
DHA (Docosahexaenoic Acid)	50 mg **
EPA (Eicosapentaenoic Acid)	10 mg **
Total Omega-3 Fatty Acids	70 mg **

**SUGGESTED USE:** Adults, chew two gummies daily, preferably with a meal.

**WARNING:** Consult a physician if you are taking any prescription medications. Do not exceed recommended dosage.

**KEEP OUT OF REACH OF CHILDREN.** Keep in a dry area away from direct light. Do not store product over 75°F. Gummy colors may change over time due to natural colors. This does not alter the potency of the product. Any clouding of bottle is normal.

**QUALITY GUARANTEED**

For questions or comments call 1-866-251-1662.

Amount Per Serving	% Daily Value for Pregnant or Lactating Women
Vitamin B12 (as Cyanocobalamin)	8 mcg 100%
Zinc (as Zinc Sulfate)	3.8 mg 25%
Choline (as Choline Bitartrate)	10 mg **
Fish Oil (Tuna)	227 mg **
DHA (Docosahexaenoic Acid)	50 mg **
EPA (Eicosapentaenoic Acid)	10 mg **
Total Omega-3 Fatty Acids	70 mg **

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