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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take two (2) tablets, preferably early in the day, with or without food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anticoagulant or antiplatelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

Non-GMO

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product if you have, or have a family history of breast cancer, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. Do not take this product if you have a history of seizures. **KEEP OUT OF REACH OF CHILDREN.** Do not purchase if outer seal is broken or damaged.

WARNINGS:

- **DO NOT EXCEED RECOMMENDED DOSE.**
- **When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.**

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LifeExtension®

Cognitex® Elite Pregnenolone



Comprehensive Support for Brain Health*

Dietary
Supplement

60 Tablets

Supplement Facts

Serving Size 2 Tablets • Servings Per Container 30

Amount Per Serving	% Daily Value
SIBELIUS™: SAGE extract (leaf) [std. to 2.5% rosmarinic acid]	333 mg **
AuroraBlue® Wildcrafted blueberry complex [Alaska blueberry (<i>Vaccinium alaskaense</i> How.), Oval-leaf blueberry (<i>Vaccinium ovalifolium</i> Sm.), Alpine blueberry (<i>Vaccinium uliginosum</i> L.), Dwarf bilberry (<i>Vaccinium cespitosum</i> Michx)], (fruit, leaf, stem)	200 mg **
Ashwagandha extract (root, leaf) [std. to 10% withanolide glycoside conjugates]	125 mg **
Phosphatidylserine	100 mg **
Pregnenolone	50 mg **
Uridine-5'-Monophosphate, disodium	50 mg **
Vinpocetine	20 mg **

**Daily Value not established.

Other ingredients: microcrystalline cellulose, croscarmellose sodium, maltodextrin, silica, stearic acid, aqueous film coating (hypromellose, glycerin, purified water).

Manufactured for: **Quality Supplements and Vitamins, Inc.**
Ft. Lauderdale, Florida 33309 • LifeExtension.com
To report any adverse events contact 1-800-332-1088.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.