

MDR
Medical Doctors Research®

Stress Defense®

Performance Tabs

120 Dietary
Supplements



Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% Daily Value
Vitamin A (as Retinyl Palmitate)	750 IU	45%
" " (as Beta-Carotene)	1250 IU	
" " (as Alpha-Carotene)	250 IU	
Lutein (<i>FloraGLO</i> ®)***	200 mcg	
Lycopene (Lyc-O-Mato™)	200 mcg	*
Zeaxanthin	10 mcg	*
Vitamin C (from Buffered Calcium Ascorbate, Ascorbic Acid and Ascorbyl Palmitate)		300 mg 500%
Vitamin E (as d-Alpha Tocopheryl Succinate with Beta, Delta, and Gamma Tocopherols)		15 IU 50%
Vitamin B1 (from Thiamine HCl)		3.8 mg 253%
Vitamin B2 (as Riboflavin)		6.3 mg 371%
Niacinamide		20 mg 100%
Vitamin B6 (from Pyridoxine HCl)		7.5 mg 375%
Vitamin B12 (as Cobalamin Concentrate)		3 mcg 50%
Biotin		150 mcg 50%
Pantothenic Acid (from Calcium D-Pantothenate)		.5 mg 50%
Calcium (from Calcium Carbonate and Calcium Ascorbate)		225 mg 23%
Magnesium (from Magnesium Oxide)		100 mg 25%
Zinc (from Zinc Sulfate and Zinc Gluconate)		3.5 mg 23%
Selenium (from L-Selenomethionine)		25 mcg 36%
Copper (from Copper Gluconate)		0.25 mg 13%
Chromium (<i>CHROMATE</i> ®)**		35 mcg 29%

* Daily Value not established.

** U.S. Patent numbers 4,923,855, 4,954,492 and 5,194,615.

*** Patented Technology - Patent number 5,382,714.

Other Ingredients: Cellulose, Croscarmellose Sodium, Hypromellose, Silicon Dioxide, Magnesium Stearate, Titanium Dioxide, Stearic Acid, Polyethylene Glycol, Peppermint Oil, Sodium Citrate, Chlorophyll, Polysorbate 80.