

Directions: As a dietary supplement, take two caplets daily with food.

# Supplement Facts

Serving Size Two Caplets  
Servings Per Container 60

Amount Per Serving	% Daily Value‡
Vitamin A (as beta-Carotene).....	1350 mcg..... 104%
Vitamin C (as Ascorbic Acid).....	120 mg..... 100%
Vitamin D (as Cholecalciferol D-3).....	10 mcg (400 IU)..... 67%
Vitamin E (as d-alpha Tocopheryl Succinate).....	24.79 mg..... 130%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate).....	1.4 mg..... 100%
Riboflavin (Vitamin B-2).....	1.6 mg..... 100%
Niacin (as Niacinamide).....	18 mg..... 100%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	10 mg..... 500%
Folate.....	1667 mcg DFE..... 278%
	(1000 mcg Folic Acid)
Vitamin B-12 (as Cyanocobalamin).....	8 mcg..... 286%
Biotin.....	35 mcg..... 100%
Pantothenic Acid (as Calcium d-Pantothenate).....	7 mg..... 100%
Choline (as Choline Bitartrate).....	0.55 mg..... 0%
Calcium (as Calcium Carbonate).....	600 mg..... 46%
Iron (as Ferrous Fumarate).....	18 mg..... 67%
Iodine (as Potassium Iodide).....	290 mcg..... 100%
Magnesium (as Magnesium Oxide).....	200 mg..... 50%
Zinc (as Zinc Oxide).....	15 mg..... 115%
Selenium (as Selenium Yeast).....	70 mcg..... 100%
Copper (as Copper Gluconate).....	1.3 mg..... 100%
Manganese (as Manganese Sulfate).....	2.6 mg..... 100%
Chromium (as Chromium Yeast).....	45 mcg..... 100%
Molybdenum (as Sodium Molybdate).....	50 mcg..... 100%
Boron (as Boron Citrate).....	150 mcg..... *

‡ Daily Value for pregnant or lactating women.

\* Daily Value not established.

**Other Ingredients:** Microcrystalline Cellulose, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Hydroxypropylcellulose, Stearic Acid, Acacia, Maltodextrin, Corn Starch, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Magnesium Stearate Vegetable Source, Calcium Silicate, Silicon Dioxide, Talc.

**CONTAINS:** Wheat and Soybeans.

# GNC

## Women's Prenatal with Iron

SUPPORTS FETAL DEVELOPMENT, BONE HEALTH AND A MOTHER'S INCREASED BLOOD VOLUME\*



DIETARY SUPPLEMENT  
120 CAPLETS

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No Artificial Flavors, No Dairy.  
Folate intake should not exceed 278% of the DV, 1667 mcg DFE (1000 mcg).

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

**For More Information:**

1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

