

Compare vs. One A Day® Men's Health Formula!

berkley
jensen®

MEN'S DAILY

MULTIVITAMINS & MINERALS

MULTI HEALTH

DIETARY
SUPPLEMENT



300
TABLETS

COMPLETE MULTIVITAMIN
FORMULATED FOR MEN

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Vitamin A (14% as beta-carotene) 3500 IU	70%
Vitamin C 60 mg	100%
Vitamin Ds 700 IU	175%
Vitamin E 22.5 IU	75%
Thiamin 1.35 mg	25%
Riboflavin 1.35 mg	90%
Niacin 18 mg	90%
Vitamin B6 3 mg	150%
Folate 400 mcg	100%
Vitamin B12 18 mcg	300%
Biotin 75 mcg	25%
Pantothenic Acid 16 mg	160%
Calcium 210 mg	21%
Magnesium 140 mg	35%
Zinc 15 mg	100%
Selenium 110 mcg	157%
Copper 2 mg	100%
Manganese 2 mg	100%
Chromium 120 mcg	100%
Lycopene 300 mcg	

** Daily Value not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Microcrystalline Cellulose, Sorbitol, Starch, Ascorbic Acid, Maltodextrin, Sodium Starch Glycolate. Contains 2% or less of ascorbyl

palmitate, beta-carotene, BHT, biotin, calcium phosphate, carbonylmethylcellulose sodium, cholecalciferol, chromium chloride, cupric oxide, cyanocobalamin, D-calcium pantothenate, dl-alpha tocopherol, dl-alpha tocopheryl acetate, DL-tartaric acid, folic acid, gelatin, glucose, guar gum, hydroxypropyl methylcellulose, lycopene, magnesium stearate, manganese sulfate, medium chain triglycerides, nicotinamide, phytonadone, polyvinyl alcohol, pyridoxine hydrochloride, retinyl acetate, riboflavin, silicon dioxide, sodium ascorbate, sodium benzoate, sodium selenite, sorbic acid, sucrose, sunflower oil, thiamine mononitrate, tocopherol, zinc oxide.

May contain sodium chloride, stearic acid, triacetin.

Distributed by: BJ's Wholesale Club

25 Research Drive, Westborough, MA 01581

Questions? 1-800-934-1204

Suggested Use: Adults, take one tablet daily with food as a dietary supplement.

Keep out of the reach of children. Store at 15°-30°C (59°-86°F).

Warning: Individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

One Daily Men's is formulated to help support:

- Heart health with Vitamins B6, B12, and Folic Acid*
- Immune health with Vitamins A, C and E*
- Energy levels with B Vitamins*

NO ARTIFICIAL COLORS OR FLAVORS • NO GLUTEN • NO LACTOSE

*One A Day® is a registered trademark of Bayer HealthCare LLC.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Each bottle contains 300 tablets. It's yours to enjoy for 300 days.

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FOR YOUR PROTECTION,
DO NOT USE IF IMPRINTED
SEAL UNDER CAP IS
BROKEN OR MISSING.

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