GNC

MEGA MEN® Healthy Testosterone

Achieve your daily nutritional goals with customized ingredients plus a multivitamin with more than 30 clinically studied ingredients.

- **Men's Health**
  Contains a clinically studied multivitamin blend^ proven more effective than a standard multivitamin. Helps to support heart and colon health, and your immune system. It's also packed with antioxidants to fight cell aging.*
- **Testosterone Support & Sexual Health**
  Features clinically studied Testofen® to support healthy testosterone levels and to improve sexual health.*
- **Prostate Health**
  Supports normal prostate function and healthy urinary flow with saw palmetto and lycopene.*
- **Circulatory Support**
  Features resVida®, which is clinically shown to significantly enhance blood vessel dilation.◆

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC

MEGA MEN® Healthy Testosterone

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN BLEND^

- Clinically studied support for healthy testosterone levels & improved sexual health*
- Supports healthy prostate & urinary function plus enhanced circulatory support*

CLINICALLY STUDIED^

30 PACKS
30-DAY SUPPLY

Healthy Testosterone

CODE 215412 CTG

DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food.

Each pack contains:

Mega Men® Multivitamin

Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol D-3)	40 mcg (1600 IU)	200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.05 mg	147%
Vitamin K (as Phytonadione)	80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate (Folic Acid 400 mcg)	667 mcg DFE	167%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate, Calcium d-Pantothenate & Calcium Ascorbate)	200 mg	15%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as L-Selenomethionine)	200 mcg	364%
Copper (as Copper Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromium Chloride)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Super Antioxidant Blend		
alpha-Lipoic Acid	25 mg	*
Lutemax® 2020 Lutein	2 mg	*
Grape Seed Extract (*Vitis vinifera*)(Standardized to Polyphenols)	1 mg	*
Lycopene	1 mg	*
Turmeric Root Extract (CurcuWIN®)(*Curcuma longa*) (Standardized to Curcuminoids)	500 mg	*
Zeaxanthin (as Zeaxanthin Isomers)	400 mcg	*
Astaxanthin (from *Haematococcus pluvialis*)	50 mg	*
beta-Cryptoxanthin	10 mg	*
Fruit & Vegetable Blend	**62.5 mg**	*
Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papaya Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder, Pumpkin Seed Powder (*Cucurbita pepo*), Saw Palmetto Berries Extract (*Serenoa repens*).		
Amino Acid Blend		
L-Arginine	50 mg	*
L-Glutamine	50 mg	*
Brain Health Blend		
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Sodium Borate)	2 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Cellulose, Hydroxypropylcellulose, Stearic Acid Vegetable Source, Hydroxypropyl Methylcellulose, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Natural Vanilla Mint Flavor, Stevia Leaf Extract, Caramel Color, Polyethylene Glycol, Talc, Titanium Dioxide (Mineral Whitener).

CONTAINS: Soybeans and Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

ACTUAL SIZE

Healthy Hormone Formula

Supplement Facts

Serving Size Two Greenish-Brown Capsules

Amount Per Serving	
Testofen® Fenugreek Seed Extract (*Trigonella foenum-graecum*)	600 mg*
Tribulus terrestris Fruit Extract	98 mg*
Tongkat Ali Root Extract (*Eurycoma longifolia*)	10 mg*
Diindolylmethane	1 mg*
Indole-3-Carbinol	1 mg*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Microcrystalline Cellulose, Stearic Acid Vegetable Source, Silica, Hydroxypropylcellulose.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

WARNING: This product is not intended for use by those with a serious medical condition or pregnant or lactating women. Consult your physician before use.

ACTUAL SIZE

Circulatory Health

Supplement Facts

Serving Size One Dark Green Capsule

Amount Per Serving	
resVida® trans-Resveratrol	30 mg*
Lycopene	1 mg*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Silica, FD&C Blue #1, FD&C Yellow #5, Titanium Dioxide (Mineral Whitener).

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Staminol™

Supplement Facts

Serving Size One Brown Filled Capsule

Amount Per Serving	
Proprietary Blend: L-Arginine, Epimedium Extract (Whole Plant)(*Epimedium spp.*), Maca Root Powder (*Lepidium meyenii*)	100 mg*
Kola Nut Powder (*Cola nitida*)	87.5 mg*
Oat Straw Stems Powder (*Avena sativa*)	75 mg*
GABA (gamma-Aminobutyric Acid)	50 mg*
Nettle Leaf Powder (*Urtica dioica*)	50 mg*
Yohimbe Bark Extract (*Pausinystalia yohimbe*)	30 mg*
Horny Goat Weed Powder (Aerial Parts)(*Epimedium sagittatum*)	10 mg*
Muira Puama Root Powder (*Ptychopetalum olacoides*)	5 mg*
Damiana Leaf Powder (*Turnera aphrodisiaca*)	5 mg*
Saw Palmetto Berries Powder (*Serenoa repens*)	5 mg*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Dicalcium Phosphate, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silica.

CONTAINS: Wheat.

WARNING: Use only as directed. Do not exceed recommended daily intake.

ACTUAL SIZE

Prostate Health

Supplement Facts

Serving Size Two Brown Tablets

Amount Per Serving		% Daily Value
Calcium	48 mg	4%
Zinc (as Zinc Oxide)	7.5 mg	68%
Selenium (as Sodium Selenate)	35 mcg	64%
Saw Palmetto Berries Powder (*Serenoa repens*)	500 mg	*
Pumpkin Seed Meal Powder (*Curcubita pepo*)	80 mg	*
Lycopene	1 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Dicalcium Phosphate, Povidone, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate Vegetable Source.

ACTUAL SIZE

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.

CAUTION: Niacin may cause flushing, itching and skin reddening. The effects are temporary and will gradually disappear.

No Artificial Flavors, No Dairy.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

CurcuWIN® trademark belongs to OmniActive Health Technologies.

Lutemax® 2020 is a trademark of OmniActive Health Technologies.

resVida® is a trademark of DSM.

Testofen® is a registered trademark of Gencor.

^In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced significant improvements in serum levels of certain key nutrients compared to a placebo and a leading multivitamin formula based upon multivariate statistical analyses of a group of B vitamins (thiamin, niacin, riboflavin, pantothenic acid, biotin, folic acid and vitamins B-6 and B-12) and key antioxidants and carotenoids (a group of beta-carotene, alpha-tocopherol, selenium, lutein and lycopene). Statistical improvements in SF-36 Vitality and Mental Health scores were also observed compared to placebo.

◆ In a randomized, double-blind, placebo-controlled crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo. 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.