Compare vs. Centrum® Adults[1]

berkley jensen®

COMPLETE
# MULTIVITAMIN

MULTI HEALTH

DIETARY SUPPLEMENT

GLUTEN FREE gf

425 TABLETS

COMPREHENSIVE NUTRITIONAL SUPPORT FOR ADULTS

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Tablet | % Daily Value |
|---|---|
| Vitamin A 3500 IU (29% as beta-carotene) | 70% |
| Vitamin C 60 mg | 100% |
| Vitamin D3 400 IU | 100% |
| Vitamin E 30 IU | 100% |
| Vitamin K 25 mcg | 31% |
| Thiamin 1.5 mg | 100% |
| Riboflavin 1.7 mg | 100% |
| Niacin 20 mg | 100% |
| Vitamin B6 2 mg | 100% |
| Folate 400 mcg | 100% |
| Vitamin B12 6 mcg | 100% |
| Biotin 30 mcg | 10% |
| Pantothenic Acid 10 mg | 100% |
| Calcium 200 mg | 20% |
| Iron 18 mg | 100% |
| Phosphorus 20 mg | 2% |
| Iodine 150 mcg | 100% |
| Magnesium 50 mg | 13% |
| Zinc 11 mg | 73% |
| Selenium 55 mcg | 79% |
| Copper 0.5 mg | 25% |
| Manganese 2.3 mg | 115% |
| Chromium 35 mcg | 29% |
| Molybdenum 45 mcg | 60% |
| Chloride 72 mg | 2% |
| Potassium 80 mg | 2% |
| Boron 75 mcg | ** |
| Nickel 5 mcg | ** |
| Silicon 2 mg | ** |
| Tin 10 mcg | ** |
| Vanadium 10 mcg | ** |

** Daily Value not established.

**INGREDIENTS:** Calcium Carbonate, Potassium Chloride, Microcrystalline Cellulose, Dicalcium Phosphate, Magnesium Oxide, Maltodextrin, Ascorbic Acid, Ferrous Fumarate, Sodium Starch Glycolate, Hydroxypropyl Methylcellulose. Contains 2% or less of ascorbyl palmitate, beta-carotene, BHT, biotin, carboxymethylcellulose sodium, cholecalciferol, chromium chloride, corn oil, cupric oxide, cyanocobalamin, D-calcium pantothenate, *dl*-alpha tocopherol, *dl*-alpha tocopheryl acetate, DL-tartaric acid, FD&C yellow no. 6 lake, folic acid, gelatin, glucose, gum arabic, magnesium stearate, manganese sulfate, medium chain triglycerides, nickel sulfate, nicotinamide, phytonadione, polydextrose, polyethylene glycol, polyvinyl alcohol, potassium iodide, pyridoxine hydrochloride, retinyl acetate, riboflavin, silicon dioxide, sodium ascorbate, sodium benzoate, sodium molybdate, sodium orthovanadate, sodium selenite, sodium tetraborate, sorbic acid, stannous chloride, starch, sucrose, sunflower oil, talc, thiamine mononitrate, titanium dioxide, tricalcium phosphate, zinc oxide.
May contain boric acid, calcium stearate, carnauba wax, chromium picolinate, cupric sulfate, povidone, sodium metavanadate, sodium selenate, stearic acid.

Distributed by: BJ's Wholesale Club
25 Research Drive, Westborough, MA 01581
Questions? 1-800-934-1204

**Suggested Use:** Adults, take one tablet daily with food as a dietary supplement.

**Keep out of the reach of children.** Store at 15°- 30°C (59°- 86°F).

**Warning:** Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

**NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE**

[1]Centrum® is a registered trademark of Wyeth Holdings Corporation.

100% MONEY BACK GUARANTEE

Every Berkley Jensen product comes with our **100% Money-Back Guarantee**. It's just one of the many ways a BJ's membership gives you MORE.

FRESHNESS & POTENCY GUARANTEED THROUGH: 06/18 LOT 000001

FOR YOUR PROTECTION, DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

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