

Compare vs. Centrum® Silver®
Adults 50+¹

berkley
jensen®

COMPLETE MULTIVITAMIN

ADULTS 50+

DIETARY
SUPPLEMENT



285
TABLETS

COMPREHENSIVE
NUTRITIONAL
SUPPORT FOR ADULTS 50+

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 2500 IU 50%		Magnesium 50 mg 13%	
(40% as beta-carotene)		Zinc 11 mg 73%	
Vitamin C 60 mg 100%		Selenium 19 mcg 27%	
Vitamin D ₃ 500 IU 125%		Copper 0.5 mg 25%	
Vitamin E 50 IU 167%		Manganese 2.3 mg 115%	
Vitamin K 30 mcg 38%		Chromium 50 mcg 42%	
Thiamin 1.5 mg 100%		Molybdenum 45 mcg 60%	
Riboflavin 1.7 mg 100%		Chloride 72 mg 2%	
Niacin 20 mg 100%		Potassium 60 mg 2%	
Vitamin B ₆ 3 mg 150%			
Folate 400 mcg 100%		Nickel 5 mcg	
Vitamin B ₁₂ 25 mcg 417%		Silicon 2 mg	
Biotin 30 mcg 10%		Vanadium 10 mcg	
Pantothenic Acid 10 mg 100%		Lutein 250 mcg	
Calcium 220 mg 22%		Lycopene 300 mcg	
Phosphorus 20 mg 2%			
Iodine 150 mcg 100%			

***Daily Value (DV) not established.

INGREDIENTS: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Microcrystalline Cellulose, Maltodextrin, Ascorbic Acid, D-alpha-Tocopheryl Acetate, Gelatin. Contains 2% or less of: ascorbyl palmitate, beta-carotene, BHT, biotin, carboxymethylcellulose sodium, cholecalciferol, chromium picolinate, corn oil, cupric sulfate, cyanocobalamin, D-calcium pantothenate, D-alpha-tocopherol, DL-tartaric acid, FD&C blue no. 2 lake, FD&C red no. 40 lake, FD&C yellow no. 6 lake, folic acid, glucose, gum arabic, hydroxypropyl methylcellulose, lutein, lycopene, magnesium stearate, manganese sulfate, medium chain triglycerides, nickel sulfate, nicotinamide, organic guar gum, organic palm oil, organic sunflower lecithin, phytantriol, polydextrose, polyethylene glycol, polyvinyl alcohol, potassium iodide, potassium hydrochloride, retinyl acetate, riboflavin, silicon dioxide, sodium ascorbate, sodium benzoate, sodium metavanadate, sodium molybdate, sodium selenate, sorbic acid, starch, sucrose, sunflower oil, talc, thiamine mononitrate, titanium dioxide, tricalcium phosphate, zinc oxide.

Distributed by BJ's Wholesale Club
25 Research Drive,
Westborough, MA 01581
Questions? 1-800-934-1204

Suggested Use: Adults - One tablet daily with food as a dietary supplement.

Keep out of the reach of children.
Store at 15°- 30°C (59°- 86°F).

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Antioxidants to help support healthy immune function.*
B-vitamins to help sustain energy levels.*
Calcium and Vitamin D₃ to support bone and colon health.*
Vitamins B₆, B₁₂, and Folic Acid to help promote a healthy heart.*
Helps promote and support healthy, normal body structure and function throughout life.*

NO ARTIFICIAL FLAVORS • NO GLUTEN • NO LACTOSE

Centrum® Silver® are registered trademarks of Wyeth Holdings Corporation.

*These statements have not been evaluated by the Food & Drug Administration. The product is not intended to diagnose, treat, cure, or prevent any disease.

100% MONEY BACK GUARANTEE

acts

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FRESHNESS AND POTENCY GUARANTEED THROUGH:

08/10 LOT 0000001

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Every Berkley Jensen product comes with our 100% Money-Back Guarantee. It's just one of the many ways a BJ's membership gives you MORE.

FOR YOUR PROTECTION,
DO NOT USE IF IMPRINTED
SEAL UNDER CAP IS
BROKEN OR MISSING.

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08/10 LOT 0000001



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