

basic's**Nutritional Support****For Your****Skin, Hair****+ Nails****NEW
MORE
BIOTIN!****VITAMIN & MINERAL
SUPPLEMENT****DIETARY SUPPLEMENT****60 TABLETS****DIRECTIONS:** As a dietary supplement, take three tablets daily with a meal or as directed by your healthcare practitioner.**SUPPLEMENTS FACTS**

Serving Size: 3 Tablets

Servings Per Container: 20

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (from retinyl acetate)	5000 IU 100%	Phosphorus (from dicalcium phosphate)	90 mg 10%
Vitamin C (as ascorbic acid)	60 mg 100%	Magnesium (from magnesium oxide)	50 mg 15%
Vitamin D (as cholecalciferol)	1000 IU 250%	Zinc (from zinc gluconate)	7.5 mg 50%
Vitamin E (as dl-alpha tocopheryl acetate)	15 IU 50%	Manganese (from manganese sulfate)	2 mg 100%
Thiamin -Vitamin B-1 (from thiamine mononitrate)	5 mg 335%	Para-Aminobenzoic acid	10 mg *
Riboflavin -Vitamin B-2 (from Riboflavin)	2 mg 120%	Choline bitartrate	10 mg *
Niacin (as niacinamide)	25 mg 125%	Inositol	30 mg *
Vitamin B-6 (from pyridoxine hydrochloride)	5 mg 250%	Citrus bioflavonoids complex	38 mg *
Folate (as folic acid)	200 mcg 50%	Horsetail powder (Equisetum arvense, aerial parts)	3 mg *
Vitamin B-12 (as cyanocobalamin)	8 mcg 135%	Collagen (hydrolyzed)	50 mg *
Biotin	3000 mcg 1000%	*Daily value not established	
Pantothenic acid (from calcium pantothenate)	15 mg 150%		
Calcium (from calcium carbonate, dicalcium phosphate, calcium pantothenate)	200 mg 20%		

OTHER INGREDIENTS: Microcrystalline cellulose, croscarmellose sodium. Contains less than 2% of: magnesium stearate, silicon dioxide, maltodextrin, sucrose, gum acacia, starch, gelatin, medium chain triglycerides, hypromellose, hydroxypropyl cellulose, polyethylene glycol, carnauba wax, DL-alpha tocopherol, BHT, and may contain monoglyceride.

www.basicvitamins.com

Questions? 937-898-4010 Manufactured For: Basic Drugs Inc. Vandalia, OH 45377 USA

Product # 511**DO NOT USE IF INNER SEAL IS MISSING OR BROKEN.
KEEP OUT OF THE REACH OF CHILDREN.****STORE AT ROOM TEMPERATURE.**

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical conditions, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

