

SUGGESTED USE

Adults take 1 capsule 3 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

**VEGAN
GLUTEN-FREE
SOY-FREE**

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Certified



WOMEN

Women's Balance

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Organic Black Cohosh root extract	200 mg	†
Triterpene Glycosides	1mg	†
Proprietary Extract Blend	430 mg	†
Organic Alfalfa leaf, Organic Red Clover aerial parts, Organic Oats milky seed extract, Organic Chaste Tree berry, Organic Dandelion root, St. John's Wort flower aerial parts, Organic Valerian aerial parts, Organic Dandelion leaf, Organic Sage leaf		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, water and vegan capsule (hypromellose).
Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

1001 1025-0119



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

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PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

Discover our Guiding Truths at:

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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



NEW LOOK
SAME FORMULA



WOMEN

Women's Balance

Helps maintain a healthy hormone balance*

Traditionally for relief of occasional hot flashes*

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	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Organic Black Cohosh (<i>Actaea racemosa</i>) root extract	200 mg	†
Triterpene Glycosides	1mg	†
Proprietary Extract Blend	430 mg	†
Organic Alfalfa (<i>Medicago sativa</i>) leaf, Organic Red Clover (<i>Trifolium pratense</i>) aerial parts, Organic Oats (<i>Avena sativa</i>) milky seed extract, Organic Chaste Tree (<i>Vitex agnus-castus</i>) berry, Organic Dandelion (<i>Taraxacum officinale</i>) root, St. John's Wort (<i>Hypericum perforatum</i>) aerial parts, Organic Valerian aerial parts, Organic Dandelion (<i>Taraxacum officinale</i>) leaf, Organic Sage (<i>Salvia officinalis</i>) leaf		

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Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

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BEST BY: