



Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. (See nutrition information for total fat and cholesterol content.)

**No Color Added • No Artificial Flavors • No Preservatives • No Yeast or Starch • Gluten Free**

**SUGGESTED USE:** Take 3 softgels daily with a meal for optimal absorption. For easier swallowing, take with water before and during ingestion.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children. **Do not use if imprinted seal under cap is broken or missing.**

**Caution:** If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

## Supplement Facts

Serving Size 3 Softgels

Servings Per Container 30

| Amount Per Serving                                           | % Daily Value  |
|--------------------------------------------------------------|----------------|
| Calories 10                                                  |                |
| Calories from Fat 10                                         |                |
| Total Fat 1 g                                                | 2%**           |
| Cholesterol less than 5 mg                                   | less than 1%** |
| Total Carbohydrate less than 1 g                             | less than 1%** |
| Fish Oil Concentrate 918 mg                                  | *              |
| Total Omega-3 Fatty Acids (as ethyl esters) 550 mg           | *              |
| Total EPA & DHA (as ethyl esters) 500 mg                     |                |
| Omega-3 EPA (Eicosapentaenoic Acid) (as ethyl esters) 275 mg |                |
| Omega -3 DHA (Docosahexaenoic Acid) (as ethyl esters) 225 mg |                |

\*Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: Gelatin, Glycerin, Water, Tocopherols.

Contains: Fish (Anchovy, Sardine, Mackerel).

Distributed by: **Nature Made Nutritional Products**

Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878 • [www.NatureMade.com](http://www.NatureMade.com)

Fish Oil Country of Origin is Norway.

Encapsulated and quality tested in the U.S.A.

Fish Oil softgels are made to Nature Made's guaranteed purity and potency standards.

†Based on *Pharmacy Times* survey of pharmacists recommending Omega-3/Fish Oil Supplements

††Smaller than all other Nature Made fish oil products.

Nature Made Fish Oil supply comes from deep ocean waters. Our fish oil is not supplied from farm raised fish.

State-of-the-art purification processes are used to remove PCBs, dioxins and furans, and mercury to ensure purity levels below 0.09 ppm, 2 ppt WHO TEQs, and 0.1 ppm respectively.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.