



Made with natural fruit flavors that adults prefer, **Nature Made Adult Gummies** are a great tasting way to take your vitamins. We're so sure you'll love the taste, we guarantee it. For more information on our **Love Them or They're Free** guarantee, visit www.naturemade.com/gummyguarantee.

Supplement Facts

Serving Size 2 gummies

Servings Per Container 45

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 3 g	1%**
Sugars 2 g	*
Vitamin A (as Retinol Acetate) 2500 IU	50%
Vitamin C (as Sodium Ascorbate) 50 mg	83%
Vitamin D ₃ (as Cholecalciferol) 2000 IU	500%
Vitamin E (as dl-Alpha Tocopheryl Acetate) 20 IU	67%
Niacin (as Niacinamide) 20 mg	100%
Vitamin B ₆ (as Pyridoxine Hydrochloride) 1.8 mg	90%
Folic Acid 400 mcg	100%
Vitamin B ₁₂ (as Cyanocobalamin) 6 mcg	100%
Zinc (as Zinc Sulfate) 3.8 mg	25%
Sodium 10 mg	<1%
Fish Oil 227 mg	*
Total EPA & DHA 60 mg	*
Omega-3 DHA (Docosahexaenoic Acid) 50 mg	
Omega-3 EPA (Eicosapentaenoic Acid) 10 mg	

* Daily Value not established.

** Percent Daily Values are based on a 2,000 calorie diet.

All Natural Flavors

Colors Derived from Natural Sources -
No Synthetic Dyes • No Yeast • Gluten Free

SUGGESTED USE: Chew two gummies daily.

Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

CAUTION: If you are pregnant or nursing, taking medication, facing surgery, have bleeding problems, or undergoing any other treatment which may affect the ability of blood to clot, consult your physician before taking this product.

OTHER INGREDIENTS: Sugar, Corn Syrup, Water, Gelatin, Citric Acid, Lactic Acid, Calcium Lactate, Natural Flavors, Corn Starch, Malic Acid, Colors Added (Including Carmine), Tocopherols.

CONTAINS: Fish (Tuna).

Distributed by:

Nature Made Nutritional Products
Mission Hills, CA 91346-9606, U.S.A.

1-800-276-2878

www.NatureMade.com

Multi+Omega-3 adult gummies are made to Nature Made's guaranteed purity and potency standards.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.