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Store in a cool, dry room. Keep out of the reach of children.

DO NOT PURCHASE IF OUTER SEAL IS MISSING OR BROKEN.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



STANDARDIZED Ginger Root

Promotes Digestive Health &
Alleviates Occasional Motion Sickness*

DIETARY SUPPLEMENT

250mg

Herbal Extract

HIGH QUALITY BASICS

**60
CAPSULES**

DIRECTIONS: Adults, as a dietary supplement, take one (1) capsule a day with a meal or a glass of water, or before boarding a boat, car or airplane. Thereafter, take 1 capsule as needed every 3-4 hours.

Nutrition Facts

Serving Size: 1 Capsule	Servings Per Container: 60
Each Capsule Contains:	% of Daily Value
Ginger (<i>Zingiber officinale</i>) (root extract) 250 mg **	
(Guaranteed 12.5 mg [5%] gingerols)	
Ginger (<i>Zingiber officinale</i>) (root) 100 mg **	
** Daily Value not established	

WARNING: If you are pregnant, nursing taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

OTHER INGREDIENTS: Gelatin, Cellulose, Vegetable Source Magnesium Stearate.

www.basicvitamins.com

Product #411

Manufactured for: Basic Drugs, Inc. Vandalia, Ohio 45377