

Recommended Dose: Take 3 capsules daily with a meal or as recommended by your health professional. **Warning:** If you are allergic to plants of the Lamiaceae/Labiatae/Mint family, do not use. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Store in a cool, dry place. Keep out of the reach of children.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

v2 **434-90U**
Manufactured for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925
seroyal.com



GENESTRA
BRANDS®

Perilla EFA

Dietary Supplement
Helps maintain skin health†

90 SOFTGEL CAPSULES

Supplement Facts

Serving Size 3 Capsules
Servings per Container 30

	Amount Per Serving	% DV
Calories	30	
Total Fat	3 g	4% ^
Protein	<1 g	2% ^
Perilla (<i>Perilla frutescens</i>) Seed Oil	3,000 mg	*
Yielding		
ALA (Alpha-Linolenic Acid)	1,650 mg	*
LA (Linoleic Acid)	450 mg	*
OA (Oleic Acid)	390 mg	*

* Daily value (DV) not established
^ Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Bovine gelatin, glycerin, purified water