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BEST BY

SUGGESTED USE

Adults take 2 capsules 2 times daily with meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Turmeric Supreme

JOINT

60 VEGAN LIQUID PHYTO-CAPS[®] HERBAL SUPPLEMENT

Gaia Herbs, Inc., 101 Gaia Herb Drive, Brevard, NC 28712, (101) 1024-1118

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%
Turmeric root extract	32 mg	†
Curcumin	30 mg	†
Quercetin	60 mg	†
Proprietary Extract Blend	894 mg	†
Organic Turmeric root, Devil's Claw root, Indian Frankincense gum resin extract		
Black Pepper fruit supercritical extract	10 mg	†
Organic Ginger root supercritical extract	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Other ingredients: Vegetable glycerin, water, sunflower lecithin and vegan capsule (hypromellose, chlorophyll).



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

[101] 1024-1118



PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps[®] technology.

Discover our Guiding Truths at:

[@gaiaherbs](http://gaiaherbs.com)

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FOUNDATIONAL SUPPORT*

Turmeric Supreme

JOINT

Supports joint health so you can keep enjoying your active lifestyle*

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	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%
Turmeric (<i>Curcuma longa</i>) root extract	32 mg	†
Curcumin	30 mg	†
Quercetin	60 mg	†
Proprietary Extract Blend	894 mg	†
Organic Turmeric (<i>Curcuma longa</i>) root, Devil's Claw (<i>Harpagophytum procumbens</i>) root, Indian Frankincense (<i>Boswellia serrata</i>) gum resin extract		
Black Pepper (<i>Piper nigrum</i>) fruit supercritical CO ₂ extract	10 mg	†
Organic Ginger (<i>Zingiber officinale</i>) root supercritical CO ₂ extract	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, water, sunflower lecithin and vegan capsule (hypromellose, chlorophyll).

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Each 2 capsules contain 4,900 mg dry herb equivalent.

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meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified



BEST BY: