



GENESTRA
BRANDS®

Magnesium Complex Liquid

Dietary Supplement

Natural Tart Berry Flavor

*Supports cardiometabolic, neurocognitive
and musculoskeletal health[†]*

15.2 fl oz (450 mL)

Supplement Facts

Serving Size Adults: 1 Tablespoon (15 mL); 9-18 Years: ½ Tablespoon (7.5 mL)

Servings per Container Adults: about 30; 9-18 Years: about 60

	Amount Per Tablespoon	% DV for Adults (1 Tablespoon)	Amount Per ½ Tablespoon	% DV for Adolescents 9-18 Years (½ Tablespoon)
Calories	30		15	
Total Carbohydrate	5 g	2% ^	2.5 g	<1% ^
Magnesium (as magnesium glycinate/citrate/malate)	500 mg	119%	250 mg	60%

% Daily values (DV)

^ Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, citric acid, DL-malic acid, natural flavor (blueberry/raspberry), xanthan gum, potassium sorbate, sodium citrate, organic stevia leaf extract (glucosylsteviosides)

Spot UV Location

Recommended Dose: Adults: Take 1 tablespoon daily or as recommended by your health professional. **Adolescents (9-18 years):** Take ½ tablespoon daily or as recommended by your health professional. Shake well before each use. Do not drink directly from the bottle. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Some people may experience diarrhea at doses greater than 351 mg per day. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Scan to learn about
our quality excellence



v2 **235-450U**
Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925
seroyal.com