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KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF INNER SEAL
IS MISSING OR BROKEN.
STORE IN DRY PLACE AT ROOM TEMPERATURE.

**basic's**

MELATONIN 3 MG

**NO SUGAR, YEAST,
WHEAT, LACTOSE, GLUTEN**

DIETARY SUPPLEMENT
HIGH QUALITY BASICS

**200
TABLETS**

DIRECTIONS: As a dietary supplement, take one tablet daily or as directed by your healthcare practitioner.

SUPPLEMENT FACTS

Serving Size: 1 Tablet	Servings Per Container: 200
Amount Per Serving	% of Daily Value
Melatonin (N-acetyl-5-methoxytryptamine)	3 mg *
*Daily Value Not Established	

Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate, Silicon Dioxide, Croscarmellose Sodium, Hypromellose, Polyethylene Glycol, Hydroxypropyl Cellulose, Carnauba Wax.

WARNING: Do not drive or operate machinery while taking this product. Do not exceed recommended dosage or give to children under 16 years of age. Pregnant or lactating women and persons using prescription drugs should consult their physician prior to using this product. Do not take if suffering from leukemia, Hodgkin's disease, lymphoma, multiple myeloma, or any other autoimmune disorder.

Melatonin is a hormone secreted by the Pineal Gland within the brain. This hormone plays a role in regulating sleep cycles. †

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product # 226 www.basicvitamins.com

Carefully manufactured in the USA for Basic Drugs, Inc.

Vandalia, Ohio 45377

Questions? 937-898-4010