SUGGESTED USE

Adults take 2 capsules in the morning and 1 capsule in the evening between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE





STRESS SUPPORT*

Thyroid Support

VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

NEW LOOK

| uppleme | ent Facts |
|----------------------|---------------------------|
| ving Size 2 Capsules | Servings Per Container 30 |

| Am | ount Per Serving | % Daily Value |
|--|------------------|---------------|
| Calories | 5 | |
| Total Carbohydrate | 2 g | <1%* |
| lodine (from Kelp fronds and Brown Seaweed fronds | 100 mcg) | 67% |
| L-Tyrosine | 200 mg | t |
| Ashwagandha root extract | 80 mg | † |
| | | |

Percent Daily Values are based on a 2.000 calorie diet. † Daily Value not established.

Coleus forskohlii, Schisandra berry

Other ingredients: Vegetable glycerin, sunflower lecithin, water and yearn capsule (hypromellose, chlorophyll). Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712 Each 2 capsules contain 1,800 mg dry herb equivalent.



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaigherbs.com/sustainability.

[101] 1053-0119





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STRESS SUPPORT*

Thyroid Support

Traditionally for supporting healthy metabolic balance*

With Ashwagandha, Seaweed, Kelp & Schisandra

VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

| | Amount Per Serving | % Daily Value |
|---|-----------------------|------------------|
| Calories | 5 | |
| Total Carbohydrate | 2 g | <1%* |
| lodine (from Kelp fronds and Brown Seaweed fronds) | 100 mcg | 67% |
| L-Tyrosine | 200 mg | t |
| Ashwagandha (Withania somnifera) root extract | 80 mg | t |
| Proprietary Extract Blend | 430 mg | t |
| Coleus forskohlii, Schisandra (Schi | sandra chinen: | is) berry |

Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established. Other ingredients: Vegetable glycerin, sunflower lecithin,

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