

Lyc-O-Mato® and Tomat-O-Red® are registered trademarks of Lycored LTD.

SelenoExcell® is a registered trademark of Cypress Systems Inc.

L-OptiZinc® & logo are registered trademarks of Lonza or its affiliates.

LuteinPlus® and MZ® are registered trademarks of Nutriproducts Ltd., UK, licensed under U.S. Patent 8,623,428.

Crominex® 3+, Capros® and PrimaVie® are registered trademarks of Natreon, Inc.

Bio-Curcumin® and BCM-95® are registered trademarks of Dolcas-Biotech, LLC.

Q+®, Kaneka Ubiquinol™, and the quality seal™ are registered or pending trademarks of Kaneka Corp.



Manufactured for:
Quality Supplements and
Vitamins, Inc.
Ft. Lauderdale, FL 33309

LifeExtension.com

To report a serious adverse
event or obtain product
information, contact

1-866-280-2852.

QE02398B



7 37870 23983 3

Once-Daily Health Booster (Formerly Super Booster)

Supplement Facts		
Serving Size 1 Softgel		
Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Vitamin K activity from:	2600 mcg	3250%
Vitamin K1 (as phytonadione)	1500 mcg	
Vitamin K2 (as menaquinone-4)	1000 mcg	
Vitamin K2 (as all-trans menaquinone-7)	100 mcg	
Vitamin B12 (as methylcobalamin)	300 mcg	5000%
Gamma E mixed tocopherols	360 mg	**
MacuGuard® proprietary blend: phospholipids, marigold extract (flower) [providing 10 mg free lutein, 4 mg meso-zeaxanthin & trans-zeaxanthin], mixed carotenoids [providing 1.24 mg α-carotene]	173 mg	**
Chlorophyllin (as sodium magnesium chlorophyllin)	100 mg	**
Wild blueberry whole extract (fruit)	100 mg	**
Saffron extract (stigma)	20 mg	**
Sesame seed lignan extract	20 mg	**
Lycopene proprietary blend [from micronized lycopene and Lyc-O-Mato® natural tomato extract (fruit)]	10 mg	**
C3G (cyanidin-3-glucoside) [from European black currant extract (fruit)]	2.2 mg	**
**Daily Value not established.		

Other Ingredients: gelatin, flax seed oil, glycerin, corn oil, maltodextrin, purified water, safflower oil, silica, palm oil, carob color, acacia gum.

Contains soybeans.

Non-GMO

Super Bio-Curcumin® Turmeric Extract

Supplement Facts		
Serving Size 1 Vegetarian Capsule		
Amount Per Serving	% Daily Value	
BCM-95® Bio-Curcumin® turmeric 25:1 extract (root) [std. to 95% Total Curcuminoids Complex with Essential Oils of Turmeric Rhizome by HPLC (380 mg)]	400 mg	**
**Daily Value not established.		

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, stearic acid, silica.

Non-GMO

Two-Per-Day Capsules

Supplement Facts		
Serving Size 2 Capsules • Servings Per Container 30		
Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene, acetate) (5,000 IU)	1500 mcg*	167%
Vitamin C (as ascorbic acid, calcium and niacinamide ascorbates)	470 mg	500%
Vitamin D3 (as cholecalciferol) (2,000 IU)	50 mcg	250%
Vitamin E (as D-alpha tocopheryl succinate, D-alpha tocopherol)	67 mg	447%
Thiamine (vitamin B1) (as thiamine HCl)	75 mg	6250%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5'-phosphate)	50 mg	3846%
Niacin (as niacinamide, niacinamide ascorbate)	50 mg*	313%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5'-phosphate)	75 mg	4412%
Folate (as L-5-methyltetrahydrofolate calcium salt)	400 mcg*	100%
Vitamin B12 (as methylcobalamin)	300 mcg	12500%
Biotin	300 mcg	1000%
Pantothenic acid (as D-calcium pantothenate)	50 mg	1000%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	24%
Zinc (as zinc citrate, L-OptiZinc® zinc mono-L-methionine sulfate)	25 mg	227%
Selenium [as sodium selenite, SelenoExcell® high selenium yeast, Se-methyl L-selenocysteine]	200 mcg	364%
Manganese (as manganese citrate, gluconate)	2 mg	87%
Chromium [as Crominex® 3+ chromium stabilized with Capros® amia extract (fruit), PrimaVie® Shilajit]	200 mcg	571%
Molybdenum (as molybdenum amino acid chelate)	100 mcg	222%
Inositol	50 mg	**
Alpha lipoic acid	25 mg	**
Natural mixed tocopherols (providing gamma, delta, alpha, beta)	20 mg	**
Bio-Quercetin phytosome (providing 5 mg quercetin [from Japanese sophora concentrate (flower bud)], phosphatidylcholine complex [from sunflower])	15 mg	**
Marigold extract (flower) [std. to 5 mg trans-lutein, 155 mcg trans-zeaxanthin]	11.12 mg	**
Apigenin	5 mg	**
Boron (as boron amino acid chelate)	3 mg	**
Lycopene [from LycoBeads® natural tomato extract (fruit)]	1 mg	**
**Daily Value not established.		
*RAE (retinol activity equivalent). *DFE (dietary folate equivalent). *NE (niacin equivalent).		

Other ingredients: capsule (hydroxypropyl methylcellulose/chlorophyllin), starch, maltodextrin, vegetable stearate, dicalcium phosphate, silica, microcrystalline cellulose.

LifeExtension®

Comprehensive Nutrient Packs ADVANCED



Daily Supply of Key Nutrients in Convenient Packets

Dietary Supplement

30 Packets

Super Ubiquinol CoQ10 Enhanced Mitochondrial Support™

Supplement Facts		
Serving Size 1 Softgel		
Amount Per Serving	% Daily Value	
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%†
Ubiquinol (as Kaneka Ubiquinol™)	100 mg	**
PrimaVie® Shilajit fulvic acid complex	100 mg	**
**Daily Value not established. †Based on a 2,000 calorie per day diet.		

Other ingredients: sunflower oil, gelatin, glycerin, purified water, beeswax, sunflower lecithin, annatto color.

Non-GMO

OMEGA FOUNDATIONS® Super Omega-3 EPA/DHA with Sesame Lignans & Olive Extract

Supplement Facts		
Serving Size 2 Softgels • Servings Per Container 30		
Amount Per Serving	% Daily Value	
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%
Cholesterol	<5 mg	2%
Pure+™ Wild Fish Oil Concentrate	2000 mg	**
Yielding: EPA (eicosapentaenoic acid)	700 mg	**
DHA (docosahexaenoic acid)	500 mg	**
Typical DPA (docosapentaenoic acid)	50 mg	**
Polyphen-Oil™ Olive extract (fruit and leaf) [providing 19.5 mg polyphenols, 5.2 mg hydroxytyrosol/tyrosol, 4.4 mg verbascoside/oleuropein]	300 mg	**
Sesame seed lignan extract	10 mg	**
**Daily Value not established. †% Daily Value is based on a 2000 calorie diet.		

Other ingredients: highly refined fish oil concentrate (Alaska Pollock), gelatin, glycerin, purified water, silica, natural flavor, caramel color, sunflower lecithin, mixed tocopherols, maltodextrin, rosemary extract.

Non-GMO

DIRECTIONS: Take one (1) packet daily with a meal, or as recommended by a healthcare practitioner. To ensure product consistency, store tightly closed in a cool, dry place.

CAUTION: Individuals consuming more than 2,000 IU/day of vitamin D (from diet and supplements) should periodically obtain a serum 25-hydroxy vitamin D measurement. Vitamin D supplementation is not recommended for individuals with high blood calcium levels. If you are taking anticoagulant or antiplatelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product. Do not take if you have gallbladder problems or gallstones.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.