



FOR YOUR PROTECTION, DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING.

164152



SPRING VALLEY

Melatonin 1 mg

SLEEP SUPPORT

DIETARY SUPPLEMENT 120 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin 1 mg	†

†Daily Value not established.

INGREDIENTS: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Silicon Dioxide, Melatonin.

SUGGESTED USE: Adults, take one tablet at bedtime as melatonin may produce drowsiness.

May help promote restful sleep.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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WARNING: Do not use this product if you are pregnant, considering becoming pregnant or nursing a baby. Consult your doctor before use if you are taking any medication (including over-the-counter medication or other dietary supplements), planning a medical procedure or have any medical condition including but not limited to: an autoimmune condition, depression, liver or kidney disease, diabetes, heart problems, seizures, or bleeding problems. Do not drive, operate machinery or consume alcohol when taking this product. Discontinue use and consult your doctor if any adverse reactions occur. Consult a doctor if using more than 4 weeks. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature. Keep bottle tightly closed.

QUALITY GUARANTEED For questions or comments call 1-866-251-1662.

DISTRIBUTED BY: Wal-Mart Stores, Inc., Bentonville, AR 72716 Walmart.com/springvalley