

Phosphatidylserine is an important phospholipid in the brain and key building block of nerve cell membranes. Research suggests phosphatidylserine may support mental focus and help support a healthy endocrine response to acute mental stress.*

Directions: Take one softgel twice daily with food or as directed by your healthcare practitioner.

This product is non-GMO and gluten-free.

Warning: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

Caution: May be associated with mild gastrointestinal distress or temporary insomnia.

Storage: Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Phosphatidylserine

Helps support cognitive function and learning*

DIETARY
SUPPLEMENT

60 SOFTGELS

PRACTITIONER EXCLUSIVE

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 60

Amount Per Softgel	% Daily Value	
Calories	10	
Total Fat	1 g	1%*
Saturated Fat	1 g	5%*
Phosphatidylserine (from sunflower lecithin)	150 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Medium-chain triglycerides, softgel shell (gelatin, glycerin, purified water), contains 2% or less of silica, mixed tocopherols (antioxidant), and ascorbyl palmitate (antioxidant).

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