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SUGGESTED USE

TWICE DAILY
WITH A MEAL AND
8 OZ. H₂O

CAPSULE

TAKE TWO CAPSULES TWICE DAILY FOR IMMEDIATE SUPPORT.
DO NOT EXCEED TWO CAPSULES AT ONE TIME.

Taken to promote adrenal health, **VITALITY** provides essential vitamins, minerals, and herbal extracts to support your cortisol levels.*

CAUTION: Keep out of reach of children. If you are pregnant, nursing, or taking any prescription medicine, consult your physician before taking this product.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



CGMP
CERTIFIED



BLENDED
IN THE USA

DISTRIBUTED BY

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VITALITY

ASHWAGANDHA

ADRENAL HEALTH
STRESS & FATIGUE*

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin D (as Cholecalciferol)	4000IU	1000%
Thiamin (as Thiamine Hydrochloride)	15 mg	1000%
Riboflavin (Vitamin B2)	17 mg	1000%
Niacin (as Niacinamide)	10 mg	50%
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	500%
Folate (as L-Methylfolate)	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	120 mcg	2000%
Pantothenic Acid (as Calcium Pantothenate)	50 mg	500%
Iodine (as Potassium Iodide and Kelp)	150 mcg	100%
Magnesium (as Magnesium Malate)	40 mg	10%
Zinc (as Zinc Aspartate)	15 mg	100%
Manganese (as TRAACS® Bisglycinate Chelate)	1 mg	50%
Copper (as TRAACS® Bisglycinate Chelate)	0.5 mg	25%
Chromium (as Chromium Polynicotinate)	120 mcg	100%

VITALITY Adrenal Complex 654 mg †
L-Tyrosine, Organic KSM-66® Ashwagandha Extract (Withania somnifera) (root), Magnolia Extract (Magnolia officinalis) (bark), Eleuthero Extract (Eleutherococcus senticosus) (root), Holy Basil Extract (Ocimum Sanctum) (leaf), Rhodiola Extract (Rhodiola rosea) (root), L-Theanine, BioPerine® Nutrient Enhancer (Piper nigrum)

† Daily Value (DV) not established.

Other Ingredients: Cellulose (Vegetarian Capsule), Rice Extract

Zero Fillers, Zero Binders, Zero Artificial Ingredients
Gluten & Wheat Free, KSM-66® contains a milk-derivative



NATURAL

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