

Recommended Dose: In a glass, add 8 oz (250 mL) of water or juice to 1 scoop (2 teaspoons) of Myo-Inositol and mix. Take once daily or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Packaged by weight, not volume.
Settling may occur.

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Made in the UK for
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GENESTRA
BRANDS®

Myo-Inositol

Dietary Supplement

Supports healthy hormone balance and ovarian function†

NET WEIGHT 6.6 oz (186 g)

Supplement Facts

Serving Size 1 Scoop (4 g)
Servings per Container about 45

	Amount Per Serving	% DV
Calories	15	
Total Carbohydrate	4 g	1% ^
Myo-inositol	4 g	*

* Daily value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet