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SUGGESTED USE

ONCE NIGHTLY
BEFORE BED AND
8 OZ. H₂O

CAPSULES

MAY BE TAKEN TWICE NIGHTLY FOR IMMEDIATE SUPPORT.

Taken to promote relaxation,
SERENITY provides essential
vitamins and herbal extracts to
support your deep sleep.*



**ZERO FILLERS / BINDERS
ARTIFICIAL INGREDIENTS**

CAUTION: Keep out of reach of children. If you are pregnant,
nursing, or taking any prescription medicine, consult your
physician before taking this product.

* These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.



**CGMP
CERTIFIED**



**BLENDED
IN THE USA**

DISTRIBUTED BY

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SERENITY

HERBAL EXTRACTS

STRESS RELIEF
NATURAL SLEEP AID*

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Vegetarian Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	500%
Zinc (as TRAACS® Bisglycinate Chelate)	7.5 mg	50%
Magnesium (as TRAACS® Bisglycinate Chelate)	40 mg	10%

SERENITY Sleep Complex	1g	†
Valerian Extract (Valeriana officinalis) (root), Passionflower Extract (Passiflora incarnata) (flower), Hop Extract (Humulus lupulus) (flower), Chamomile Extract (Matricaria recutita) (flower), L-Theanine, Magnolia Extract (Magnolia officinalis) (bark), 5-HTP (Griffonia simplicifolia) (seed), BioPerine® Nutrient Enhancer (Piper nigrum) (fruit), Melatonin (2 mg)		

† Daily Value (DV) not established.

Other Ingredients: Cellulose (Vegetarian Capsule)
Zero Fillers, Zero Binders, Zero Artificial Ingredients
Gluten, Wheat & Dairy Free



SHARE YOUR STORY

EU NATURAL #EuNatural #BeYou