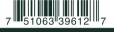
SUGGESTED USE

Adults take 2-3 capsules 1 hour before bed. Maximum time of use 1 month

Caution: US FDA advises that a potential risk of rare but severe liver injury may be associated with kava-containing dietary supplements. Do not take if you have or have had liver problems, drink alcohol or take any medications. If you have a medical condition, use under the advice of a health practitioner. Stop use and see a doctor if you develop symptoms that may signal liver problems, including joundice (yellowing of the skin or whites of the eyes) and brown urine. Other nonsnerific symptoms can include nausen, vomiting light colored stools, unexplained tiredness, weakness, stomach or abdominal pain, and loss of appetite. Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Store away from children. Not for use with olic beverages. Excessive use, or use with products that cause drowsiness, may impair ability to operate a vehicle or heavy equipment. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does





Sound Sleep[®]

With Gaia-grown™ Califonia Poppy & Skullcap

VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT

NEW LOOK SAME FORMULA

Supplement Facts

Serving Size 3 Capsules Servings Per Container 20

| | Amount Per Serving | % Daily Valu |
|--------------------|--------------------|--------------|
| Calories | 10 | |
| Total Carbohydrate | 2 a | <1% |

Proprietary Extract Blend

Organic Passionflower flowering vine, Organic Skullcap aerial parts extract, Kava root, Organic Valerian root, Organic California Poppy whole plant. Organic Vervain gerial parts, Organic Hops strobile. Organic Gotu Kola leaf

* Percent Daily Values are based on a 2.000 calorie diet † Daily Value not established

Other ingredients: Vegetable glycerin, water and vegan capsule (hypromellose). Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each 3 capsules contain 2,900 mg dry herb equivalent.

Amount

% Daily



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

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VEGAN GLUTEN-FREE SOY-FREE





BEST BY:

Supplement Facts

| Serving Size 3 Capsules Servings Per Container 20 | |
|--|--|
| | |
| | |

| | Per Serving | Valu |
|--------------------|-------------|------|
| Calories | 10 | |
| Total Carbohydrate | 2 g | <1% |
| D F DI . I | 4 20/ | |

Organic Passionflower (Passiflora incarnata) flowering vine, Organic Skullcap (Scutellaria lateriflora) aerial parts extract, Kava (Piper methysticum) root, Organic Valerian (Valeriana officinalis) root, Organic California Poppy (Eschscholzia californica) whole plant, Organic Vervain aerial parts, Organic Hops (Humulus lupulus) strobile, Organic Gotu Kola (Centella

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All products are screened for pesticides. microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

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Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

SLEEP SUPPORT*

Sound Sleep®

Supports natural transition

With Kava root, Passionflower

& Gaia-arown™ California

to sleep for occasional

sleepless nights*

Poppy & Skullcap

VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT