

Recommended Dose: Take 1 capsule 2 times daily with meals, a few hours before or after taking medications, or as recommended by your health professional. **Warning:** If you are taking health products that affect blood coagulation, do not use, as this may increase the risk of spontaneous bleeding. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers. If you develop symptoms of liver trouble such as yellowing of the skin or eyes, stomach pain, dark urine, sweating, nausea, unusual tiredness or loss of appetite, discontinue use and consult your health professional. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported. Use only if safety seal is intact. Store in a cool, dry place. Keep out of the reach of children.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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v2 **145-180U**
Manufactured for
Seroyal USA
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GENESTRA
BRANDS®

Maxum Multi Vite

Dietary Supplement

Multivitamin/Mineral Formula for daily wellness[†]

180 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings per Container 180

	Amount Per Serving	% DV		Amount Per Serving	% DV
Vitamin A (as vitamin A palmitate/ 67% beta-carotene)	1,350 mcg	150%	Zinc (as zinc oxide)	5 mg	45%
Vitamin C (as ascorbic acid)	100 mg	111%	Selenium (as selenomethionine)	40 mcg	73%
Vitamin D (as cholecalciferol)	0.38 mcg (15 IU)	2%	Manganese (as manganese sulfate)	4 mg	174%
Vitamin E (as d-alpha tocopheryl succinate)	34 mg	223%	Chromium (as chromium HVP Δ chelate/chloride)	40 mcg	114%
Thiamin (as thiamin mononitrate)	15 mg	1,250%	Molybdenum (as molybdenum Krebs †† complex)	10 mcg	22%
Riboflavin (as riboflavin/riboflavin-5-phosphate)	17 mg	1,308%	Potassium (as potassium chloride)	10 mg	<1%
Niacin (as niacinamide)	20 mg	125%	Ginkgo (<i>Ginkgo biloba</i>) Leaf	27 mg	*
Vitamin B ₆ (as pyridoxine hydrochloride/pyridoxal-5-phosphate)	17 mg	1,000%	Inositol	15 mg	*
Folate (as folic acid) (100 mcg folic acid)	167 mcg DFE	42%	Betaine Hydrochloride	10 mg	*
Vitamin B ₁₂ (as cyanocobalamin)	30 mcg	1,250%	L-Cystine	10 mg	*
Biotin	50 mcg	167%	L-Glutamic Acid	10 mg	*
Pantothenic Acid (as calcium d-pantothenate)	50 mg	1,000%	L-Glutathione	2 mg	*
Choline (as choline bitartrate)	10 mg	2%	Rutin (from <i>Dimorphandra mollis</i> seed pod)	2 mg	*
Calcium (as calcium citrate)	54.5 mg	4%	Coenzyme Q ₁₀ (from yeast fermentation)	1 mg	*
Iodine (as potassium iodide)	40 mcg	27%	Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (50% Polyphenols)	1 mg	*
Magnesium (as magnesium citrate)	20 mg	5%	Vanadium (as vanadium Krebs †† complex)	10 mcg	*

* Daily value (DV) not established
Δ Hydrolyzed vegetable (rice) protein
†† Citrate/fumarate/malate/succinate/alpha-ketoglutarate

Other ingredients: Hypromellose, magnesium silicate, magnesium stearate, cellulose, silica