Recommended Dose: Take 1 capsule 2 times daily with meals, a few hours before or after taking medications, or as recommended by your health professional. Warning: If you are taking health products that affect blood coagulation, do not

use, as this may increase the risk of spontaneous bleeding. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers. If you develop symptoms of liver trouble such as yellowing of the skin or eyes, stomach pain, dark urine, sweating, nausea, unusual tiredness or loss of appetite, discontinue use and consult your health professional. Rare, unpredictable cases of liver injury associated with green tea extract-containing products have been reported. Use only if safety seal is intact. Store in a cool, dry place. Keep out of the reach of children.

[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on tated quantity.



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Maxum **Multi Vite**

Dietary Supplement

Multivitamin/Mineral Formula for daily wellness[‡]

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving % DV		Amount Per Serving % D		% DV	Amount Per Serving		% DV	
Vitamin A 1	,350 mcg	150%	Biotin	50 mcg	167%	Ginkgo (Ginkgo biloba) Leaf	27 mg	*
(as vitamin A palmitate/ 67% beta-carotene)			Pantothenic Acid	50 mg	1,000%	Inositol	15 mg	*
	100	*****	(as calcium d-pantothenate)			Betaine Hydrochloride	10 mg	*
Vitamin C (as ascorbic acid)	100 mg	111%	Choline (as choline bitartrate)	10 mg	2%	L-Cystine	10 mg	*
Vitamin D 0.38 m (as cholecalciferol)	cg (15 IU)	2%	Calcium (as calcium citrate)	54.5 mg	4%	L-Glutamic Acid	10 mg	*
Vitamin E (as d-alpha	34 mg	223%	lodine (as potassium iodide)	40 mcg	27%	L-Glutathione	2 mg	*
tocopheryl succinate)			Magnesium (as magnesium citrate)	20 mg	5%	Rutin (from Dimorphandra mollis seed pod)	2 mg	*
Thiamin (as thiamin mononitrate)	15 mg	1,250%	Zinc (as zinc oxide)	5 mg	45%	Coenzyme O ₁₀	1 mg	*
Riboflavin (as riboflavin/	17 mg	1.308%	Selenium (as selenomethionine)	40 mcg	73%	(from yeast fermentation)	6	
riboflavin-5-phosphate)	27 1116	1,00070	Manganese	4 mg	174%	Green Tea	1 mg	*
Niacin (as niacinamide)	20 mg	125%	(as manganese sulfate)			(Camellia sinensis) Leaf Std. Extract (50% Polyphenols)		
Vitamin B ₆ (as pyridoxine hydrochloride/	17 mg	1,000%	Chromium (as chromium HVP \(\Delta \text{chloride} \)	40 mcg	114%	Vanadium (as vanadium	10 mcg	*
pyridoxal-5-phosphate)			Molybdenum (as molybdenum	10 mcg	22%	Krebs # complex)		
		42%	Krebs †† complex)			* Daily value (DV) not establishe		
(100 mcg folic acid)		Potassium 10 mg		<1%	Δ Hydrolyzed vegetable (rice) protein			
Vitamin B ₁₂ (as cyanocobalamin)	30 mcg	1,250%	(as potassium chloride)			tt Citrate/ fumarate/ malate/ su alpha-ketoglutarate	iccinate/	

Other ingredients; Hypromellose, magnesium silicate, magnesium stearate, cellulose, silica