

**SUGGESTED USE:** Take 1 capsule daily with food any time of day or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep closed in a cool, dry place out of reach by children.

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, or artificial flavors.

**Vitamin D3 + K2 Meets or Exceeds cGMP Quality Standards.**



PHYSICIAN FORMULATED



Seeking Health®

**Vitamin D<sub>3</sub> + K<sub>2</sub>**

**Dietary Supplement**

**60 VEGETARIAN CAPSULES**

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin D3 (cholecalciferol)	125 mcg (5000 IU)	625%
Vitamin K2 (as menaquinone-7)	100 mcg	83%

**Other Ingredients:** HPMC (capsule), microcrystalline cellulose, ascorbyl palmitate, and silica.

Find Other Effective Health Products At  
[www.seekinghealth.com](http://www.seekinghealth.com)

**Manufactured for and Distributed by:**

Seeking Health, LLC  
3140 Mercer Ave  
Bellingham, WA 98225  
(800) 547-9812

REV. 111717  
ZCL-SKGHEALTH-030-01

This package is completely recyclable 