

SUGGESTED USE: 1 capsule, 1 to 2 times daily with food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if shrinkwrap is broken or missing.

STORAGE: Store in a cool, dry place below 85°F away from direct light. Do not freeze. Keep out of reach of children.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, corn, and yeast. Contains no artificial colors, flavors, or preservatives.

‡Sharp-PS® is a registered trademark of Enzymotec Ltd.



Phosphatidyl Serine meets or exceeds cGMP Quality Standards.



T A R G E T E D S U P P O R T



Seeking Health®

Phosphatidyl Serine

Soy-Free

100 mg

Dietary Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Capsule

Phosphatidylserine (from sunflower lecithin)‡	100 mg*
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*Daily Value not established.

Other ingredients: Cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), silicified microcrystalline cellulose, silicon dioxide, L-leucine, maltodextrin, mixed tocopherols, and ascorbyl palmitate.

Manufactured for and Distributed by:

Seeking Health, LLC

3140 Mercer Ave.

Bellingham, WA 98225

(800) 547-9812

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