



BlisphoraTM

- Scientifically designed to support a healthy mood and methylation*
- Features clinically effective levels of SAME and body-ready folate and vitamin B₁₂

PRACTITIONER EXCLUSIVE

Dietary Supplement

30 TABLETS

BlisphoraTM is a revolutionary formula featuring clinically effective levels of SAME (s-adenosyl-L-methionine), a compound native to the body that is a critical component of many biochemical reactions and plays an important role in supporting positive emotions. This powerful formula combines significant levels of body-ready folate (the next generation of folate with improved bioavailability) and vitamin B₁₂ (as easy-to-absorb methylcobalamin) to support SAME metabolism, methylation, and healthy neurotransmitter synthesis for a balanced mood. Foil-wrapped, enteric-coated tablets ensure product stability.*

Directions: Take one tablet daily 30 minutes before a meal on an empty stomach with water or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Do not use if pregnant or nursing.

Caution: If you have a history of psychiatric disorders or if you are taking medications, please consult your healthcare practitioner prior to use. Keep out of the reach of children.

Storage: Keep in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 30

Amount Per Tablet	% Daily Value	
Folate [from (6S)-5-methyltetrahydrofolic acid, glucosamine salt [†]]	1,000 mcg	250%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	16,667%
S-Adenosyl-L-Methionine (SAME) (as SAME disulfate p-toluensulfonate)	400 mg	*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, magnesium stearate (vegetable), stearic acid (vegetable), silica, mannitol, carboxymethylstarch sodium salt, and coating (methacrylic acid copolymer, triethyl citrate, titanium dioxide, and silica).

DISTRIBUTED BY: METAGENICS

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This product is manufactured in a facility that produces products containing wheat, gluten, milk, egg, soy, fish, and crustacean shellfish ingredients.

[†]Quatrefolic[®] is a registered trademark of Gnosis S.P.A., U.S. Patent No. 7,947,662.