

SUGGESTED USE

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Rhodiola should not be taken by individuals with bipolar disorder. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Gaia Farm, Brevard, NC



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Rhodiola
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Traditionally for supporting
healthy stamina so you can
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An adaptogenic herb to help
your body cope with stress*

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1g	<1%*
Siberian Rhodiola (<i>Rhodiola rosea</i>) root extract	120 mg	†
Rosavins	6 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, vegan capsule (hypromellose) and water.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712
gaiaherbs.com

Each capsule contains 850 mg dry herb equivalent.

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This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

[101] 1025-0119



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